THE ROLE OF THE UPPER GI/HPB SPECIALIST NURSE

Rachel Whitehorn / Hannah Jhutti
Upper GI and HPB Clinical Specialist Nurse - GEH
WHAT IS A CLINICAL NURSE SPECIALIST (CNS)?

“A registered nursing professional who has acquired additional knowledge, skills and experience, together with a professionally and/or academically accredited post-registration qualification (if available) in a clinical specialty. They practice at an advanced level and may have sole responsibility for care episode or defined client/group.”

Scottish Executive (2017)
The Role of the CNS

- Education
- Management
- Key Worker
- Clinical Practice
- Patient Advocate
- Investigations/2ww Clinics
- Diagnosis/Breaking bad news
- Surgical Interventions
- Coordination of care
- Liaising with MDT
- Oncology Clinics

Macmillan UK (2014)
THE ROLE OF THE KEY WORKER

Upper GI/HPB Nurse Specialist team

- The National Cancer Action Team (NCAT) discusses the role of a CNS key worker as a nurse who demonstrates high level skills in clinical practice and programme management, developing practice and offering leadership (2010).

- Clinical Nurse Specialists are within the cancer pathway to support health care professionals in delivering effective, efficient services and to improve the quality of care for cancer patients. (Macmillan 2018)

- The Lead CNS at the George Eliot Hospital for upper GI is Rachel Whitehorn and working alongside her is CNS Hannah Jhutti.

What help can the Upper GI/HPB CNS offer?

- As key-workers, they provide patients and their families with information about investigations, procedures, treatments, support organizations and any other services that might benefit from i.e. dietician’s, district nurses, palliative care team.

- To improve the access to information, advice and support - the Upper GI/HPB Nurse Specialist team has been employed to act as an advisor and contact point for both patients and their carer’s.
A PATIENTS JOURNEY
The Gastroenterology Team

Dr S V Raman, Consultant Physician and Gastroenterologist (Lead for Cancer Services)

Dr E Sung, Consultant Physician and Gastroenterologist

Dr N Hossain, Consultant Physician and Gastroenterologist

Dr M Beckley, Consultant Physician and Gastroenterologist

Dr M Scott-Brown, Consultant Clinical Oncologist

Rachel Whitehorn, Lead Upper GI Clinical Nurse Specialist (CNS) (Key worker)

Hannah Jhutti, Upper GI Clinical Nurse Specialist (CNS) (Key worker)

Karen Harvey, MDT Co-ordinator x 3308
How do I contact the Lead CNS and CNS?

Rachel can be contacted at the George Eliot Hospital Monday-Friday 9am - 5pm.

Telephone: (024) 76153845. Mobile: 07827 881804
Email: Rachel.whitehorn@geh.nhs.uk

Hannah can be contacted at the George Eliot Hospital Monday-Thursday 9am - 5 pm.

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