

#### Improving the MDT Function

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## Improving MDT Function

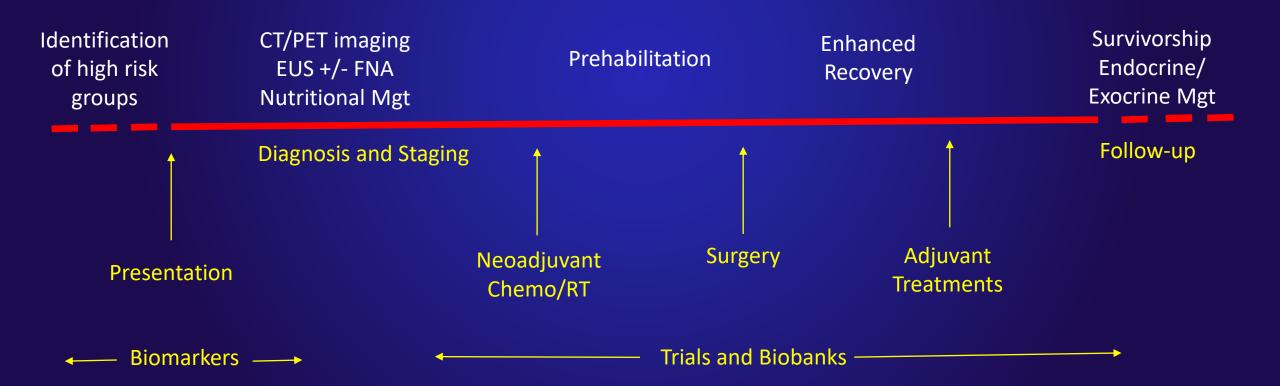


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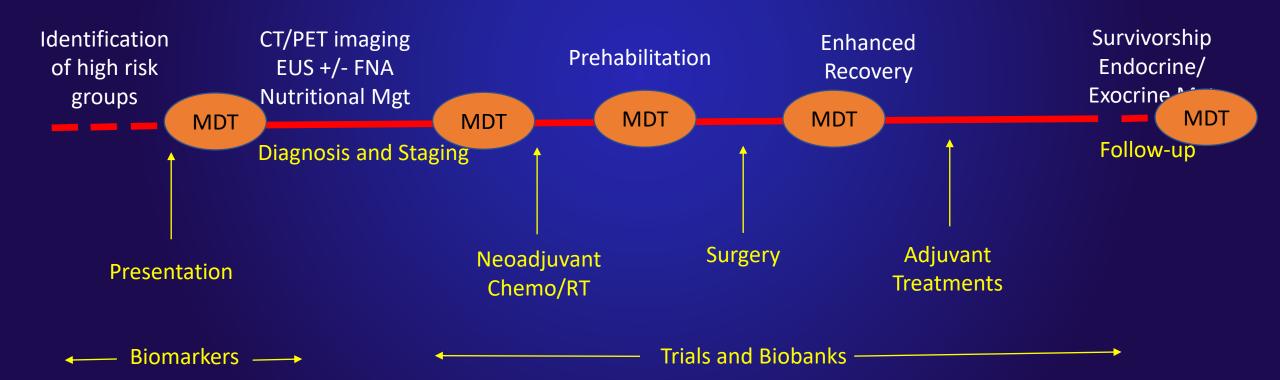
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#### St James's University Hospital, Leeds

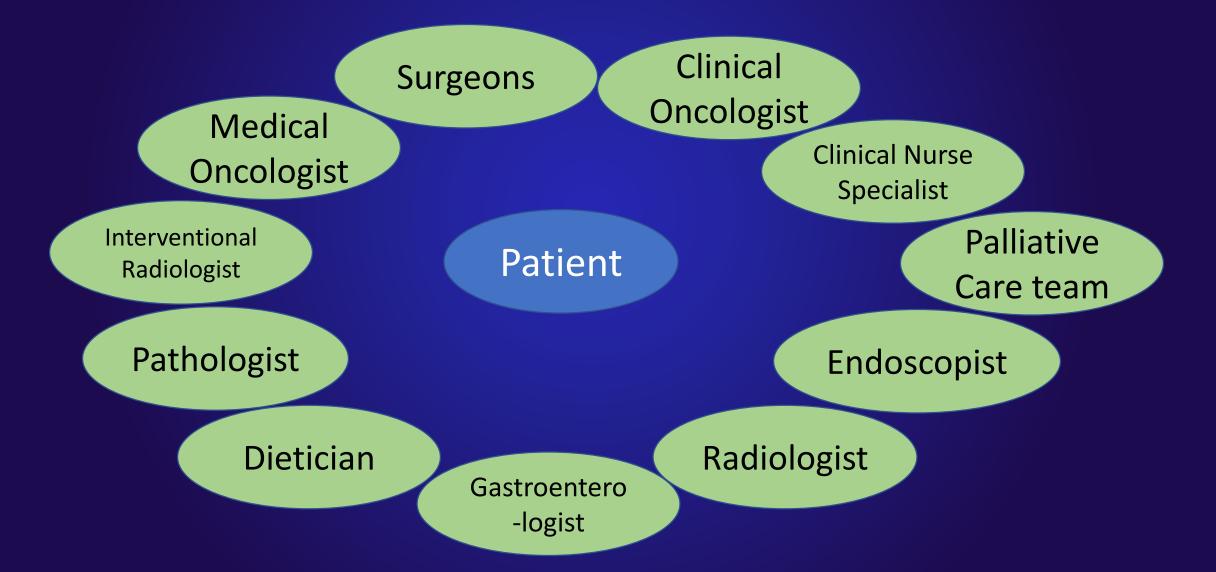
#### Patient Pathway – Pancreatic Cancer



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#### Pancreatic Multidisciplinary Team



- MDT function data
- Kaizen improvement process
- Experience from MGH observorship
- An ideal MDT

#### **MDT** Structure

- Leeds Pancreatic and Duodenal Cancer MDT
  - 1 meeting per week 35-50 patients over 3 hours
  - Separate Surgery, Oncology clinics times/locations
- Teleconference
  - 5 peripheral hospitals teleconference
  - Imaging from 8 NHS trusts (+ 2<sup>nd</sup> opinions)
  - Oncology delivered in 5 sites
  - EUS delivered in 2 sites
- Coordination
  - 1 x Pathway manager, 2.5 Cancer Nurse Specialists, 2 MDT co'ordinators

#### Leeds Pancreatic MDT 2017-18

1811 discussions in 1199 Patients

554 Patients with Pancreatic Cancer (46%)

101 Patients do not survive 30 days after discussion (18%) 210 Patients with metastases at presentation (38%)

79 Patients come to resection (14%)

## **MDT** Analysis

- 69% of patients discussed had not been met by anyone at the MDT
- 65% of patients had incomplete referral information available
- 13% of patient discussions could not reach a conclusion because of missing pathology/radiology/other information
- 43% of patients received no interactive discussion, their case was presented then outcome was dictated
- Mean discussion time 217 seconds
  - 47% MDT was spent dictating outcomes

## Kaizen Improvement Process

#### • Data

- A large team
  - Managers, MDT coordinators, clinicians, juniors, techs, IT experts
- Identifying and tackling problems at every stage of MDT process
- Test solutions
- More data



#### Improvements so far

- Pancreatic Cyst Protocolisation Focus discussions on cancer patients
- Electronic referral forms Improve flow of information
  - Make it easier to refer with the right information
- Auto-populating the outputs Reduce repetition in the meeting
- Standards of care Increase efficiency
- Future
  - More standards of care
  - Infrastructure improvements

## Impact of COVID

- Increased use of virtual MDTs
  - 40% of MDTs stopped face to face meetings
- 80% of respondents felt communication was disadvantaged by virtual MDTs
- 57% of respondents felt decision-making was impacted negatively by COVID
- 64% of respondents felt IT equipment was inadequate

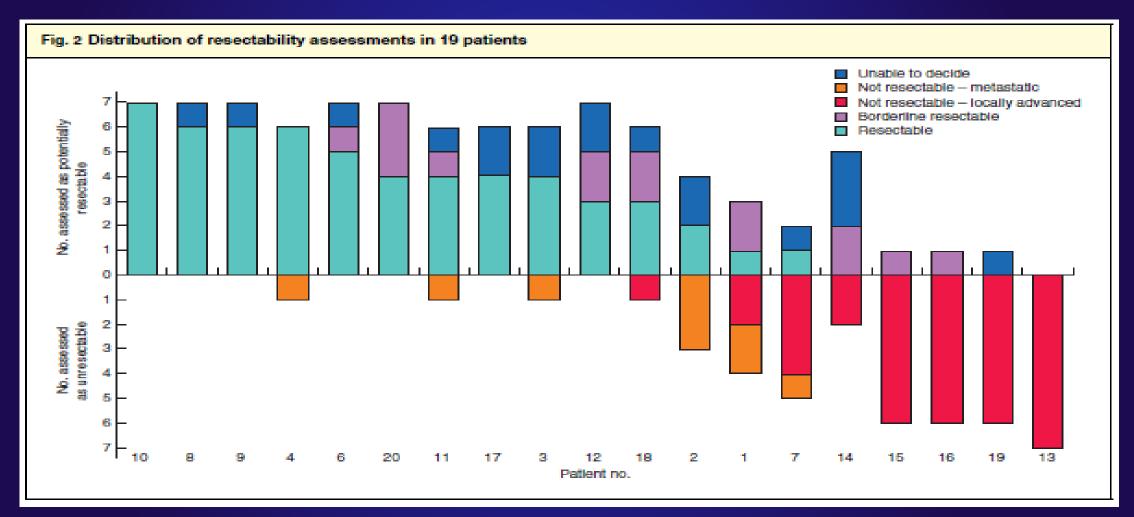
## Variation in MDT Decision-making

#### Multicentre study of multidisciplinary team assessment of pancreatic cancer resectability and treatment allocation

J. Kirkegård<sup>1</sup><sup>(D)</sup>, E. K. Aahlin<sup>3</sup><sup>(D)</sup>, M. Al-Saiddi<sup>5</sup>, S. O. Bratlie<sup>8</sup>, M. Coolsen<sup>9</sup>, R. J. de Haas<sup>10</sup>, M. den Dulk<sup>9,13</sup>, C. Fristrup<sup>2</sup>, E. M. Harrison<sup>12</sup><sup>(D)</sup>, M. B. Mortensen<sup>2</sup>, M. W. Nijkamp<sup>11</sup>, J. Persson<sup>8</sup><sup>(D)</sup>, J. A. Søreide<sup>6,7</sup>, S. J. Wigmore<sup>12</sup>, T. Wik<sup>4</sup> and F. V. Mortensen<sup>1</sup>

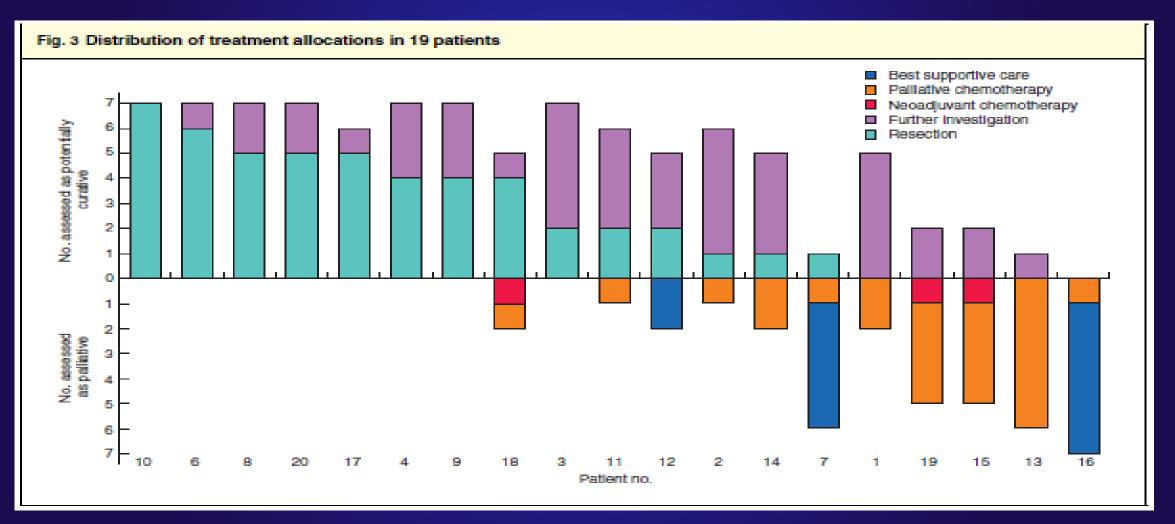
- A study of 7 pancreatic centres UK and Scandinavia
- 19 patients
- Each MDT asked to assign TNM status, definition of resectability and treatment allocation

## Variation in assessment of resectability



BJS 2019; 106: 756-64

#### Variation in treatment allocation



BJS 2019; 106: 756-64

#### Mass General -Boston

4 Surgeons

>200 Major cases

Separate team manages acute pancreatitis

No acute surgery involvement

Outpatient workload focussed on patients requiring surgery

#### Leeds

3 Surgeons + 1 locum

80-120 major cases

Largest acute pancreatitis case numbers in England

Largest acute general surgery workload (30-40% DCC)

Large O/P load of cysts, chronic pancreatitis and pancreatitis ?cause

## **MDT** Structure

- Leeds
  - 1 meeting per week 35-50 patients over 3 hours
  - Separate Surgery, Oncology clinic times/locations
  - Oncology delivered at many different hospitals
- Mass Gen. Boston
  - 1 x Radiology meeting
  - 1 x Pre-clinic meeting
  - 1 x Pre-op planning meeting
  - Combined Cancer Clinics
    - Neoadjuvant patients seen by Surgeon, Med Oncologist, Clin Oncologist at same time
    - Cases discussed in central clinic room

#### • Verona

- Cancer MDT 90 mins
- PNET MDT 90 mins
- Surgical meeting
- Cystic MDT 60 mins

## **Combined Cancer Clinic**

- Patients with borderline operable or locally advanced PDAC
- Discussed in Clinic
  - Medical Oncologist
  - Pancreatic Surgeon
  - Clinical Oncologist
  - Cancer Nurse Specialist
- Advantages Many
  - SDM, MDT working, consistent information, improved communication, quicker
- My concern ?Overwhelming/railroaded
- Feedback Universally positive

# An ideal Pancreatic Cancer MDT – what to avoid

- Systems that negatively impact the patient pathway
- Slowing the patient diagnostic/therapeutic pathway without adding value
- Overly long/arduous
  - Impair decision-making
  - Waste time
- Inconsistent

# An ideal Pancreatic Cancer MDT – what to aim for

- Works for Patients
  - Consistent, high quality decisions that don't delay treatment
- Works for Clinicians
  - All information readily available
  - Discussions add value
- Recognise the hidden benefits of MDTs
  - Cognitive diversity of team

#### Improving outcomes now

- Continuous improvement of MDT processes
  - Driven by data
- Teamwork
- Focus pancreatic clinicians time on looking after patients with pancreatic cancer
- Focus the design of services for the benefit of patients