

# The Role of a Support Worker and Navigator

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NHS Trust



Purple Rainbow  
Support Group

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## Navigator definition:

- to act as a point of contact for cancer patients;
- be able to answer questions, make appropriate referrals and help patients and carers find local support services;
- role should help reduce pressures placed on nursing teams so that they can focus on more complex and specialised areas of patient care.



## Support Worker/Navigator - identifying the need:

- Patients – Nursing Teams don't just have face to face contact with patients at appointments
- Community Support – what's out there for patients, how do you 'fit that in'
- Recovery Package – additional workload



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What I do:

- Telephone contact/signposting
- Face to face contact
- Holistic needs assessments
- Build relationships with support providers
- Support the nursing team

and ...



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## Purple Rainbow Support Group

A pancreatic cancer support group for patients and their carers

- Set up by the relative of a patient for patients diagnosed with pancreatic cancer and their loved ones
- Regular meetings with guest speakers
- Supported by the nursing team and navigator

We would love to hear your feedback on today's meeting and your suggestions on what you would like the meetings to include in the future. Please use this section to highlight your thoughts:

Very informative  
Techniques such as relaxation are very useful.



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Thank you for listening.

Any questions?

**Sli.do: #StudyDay19**

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