

Pancreatic Cancer, Support for you and your patients.

Pancreatic Cancer Stats

Supporting HCP

Supporting Patients



Tough to diagnose

80% are not diagnosed until the cancer is at an advanced stage.



Tough to treat

Surgery is the only treatment which could save lives yet only 8% have it.



Tough to research

Pancreatic cancer research historically underfunded. Over the last decade it's received only 1% of the cancer research budget.



Tough to survive

Less than 7% of people with pancreatic cancer will survive beyond 5 years in the UK.

Pancreatic Cancer UK

10,000

Pancreatic cancer cases
in 2016, UK



Pancreatic cancer
is the **11th most
common cancer**

9,000

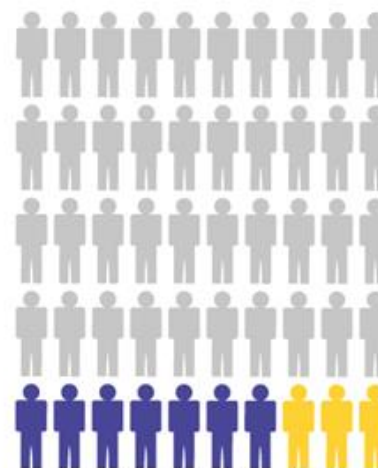
Pancreatic cancer deaths in
2016, UK



Pancreatic cancer
is the **5th biggest
cancer killer**

7%

Five-year survival



Pancreatic cancer has the **lowest
survival of all common cancers**

24%

One-year survival



Copyright of Pancreatic Cancer UK

- 28 people get a pancreatic cancer diagnosis every day
- Pancreatic cancer is the **5th** biggest cancer killer and is predicted to become the **4th** biggest cancer killer by 2026
- The **5-year net survival** of pancreatic cancer is **6.9%**, the lowest of the 20 common cancers in England (2015)
- No change in overall survival for over 40 years

- 48% of patients are diagnosed via A&E emergency route
- 55% diagnosed with metastatic disease
- 30% diagnosed with locally advanced pancreatic cancer
- 15% operable disease at diagnosis – yet only 8% go on to have surgery

1 in 4



people diagnosed with pancreatic cancer
will die **within a month**

In contrast, only 1 in 10 people will die on average if
diagnosed with one of the 20 common cancers

3 in 4



people diagnosed with pancreatic cancer
will die **within a year**

In contrast, only 3 in 10 people will die on average if
diagnosed with one of the 20 common cancers

Early diagnosis is essential to increase survival

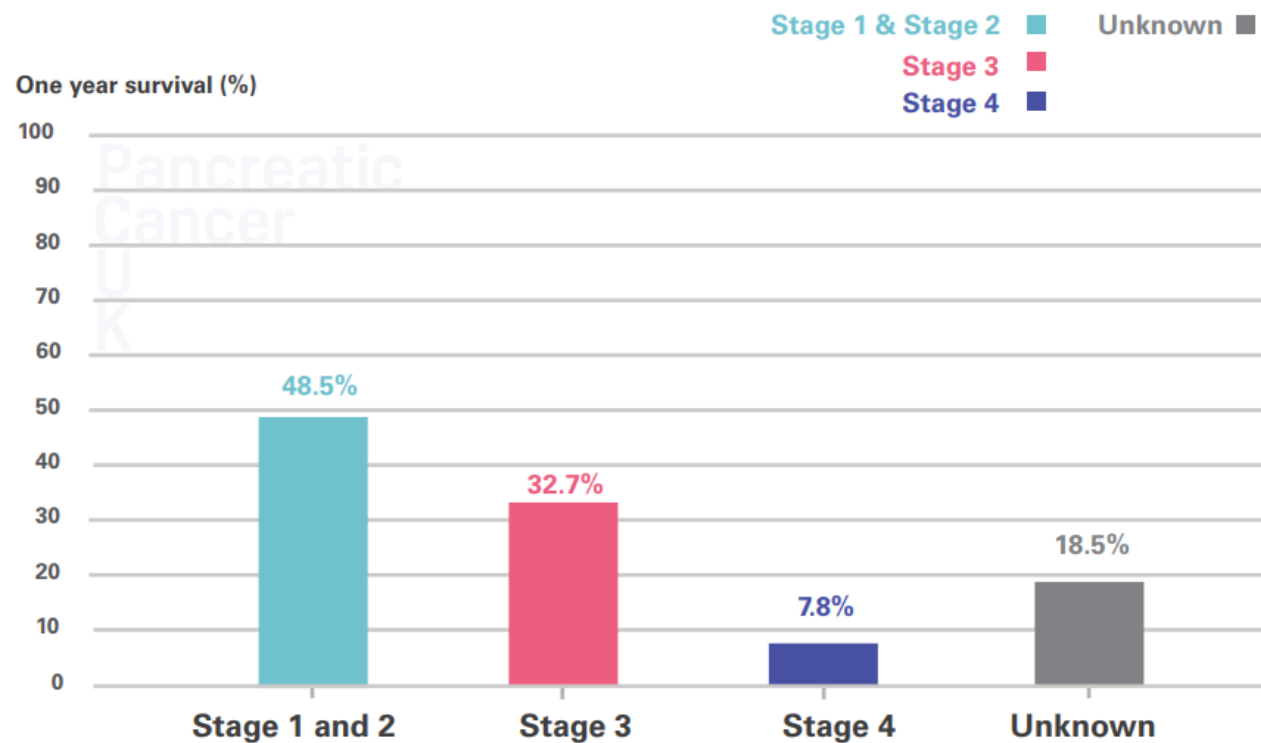


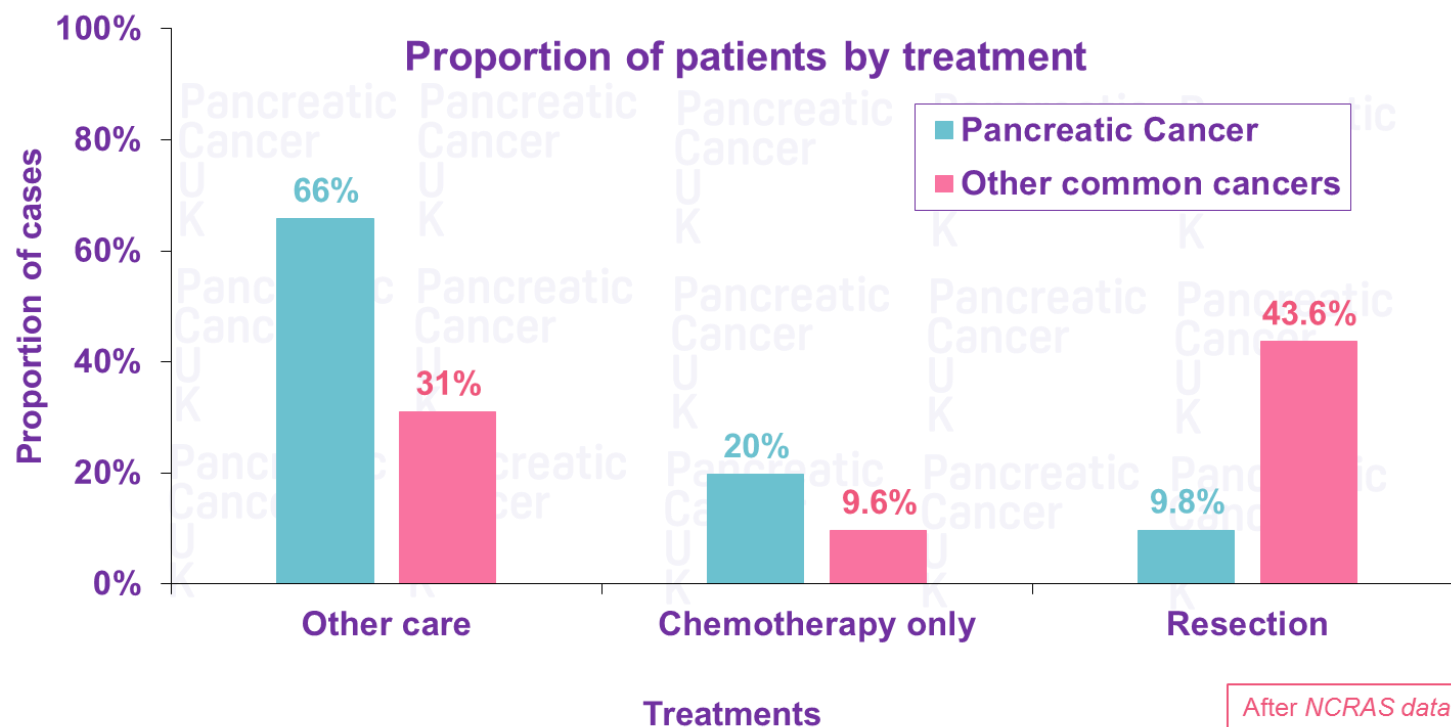
Figure 1: One year survival for people with exocrine pancreatic cancer diagnosed at each stage

Challenges in early diagnosis

- Vague and non specific symptoms
- No simple diagnostic test
- Symptoms often don't present until a late stage

Pancreatic cancer is undertreated

- ✓ **7 in 10** people with pancreatic cancer do not receive any active treatment, including surgery, chemotherapy or radiotherapy
- ✓ **Only 1 in 10** people with pancreatic cancer receive potentially curative surgery
- ✓ **Only 2 in 10** people will receive chemotherapy



Supporting Health Care Professionals

Health Professional Support and Information Bulletin



Support for your patients



**Learning and development for
you**



Events for you

By joining our bulletin you will:

- Hear about the latest pancreatic cancer updates
- Be the first to hear about our upcoming events
- Find out about and order free copies of new and updated pancreatic cancer publications

<https://www.pancreaticcancer.org.uk/health-professionals/health-professional-support-and-information-bulletin/>

New hub on pancreatic enzyme replacement therapy (PERT)

Visit our new hub for resources on pancreatic cancer and PERT, including our short online course endorsed by the British Dietetic Association and the Pancreatic Society of Great Britain and Ireland, and guides for health professionals and patients.

[Visit our PERT Hub](#)



PERT training – Online course

A health professional's guide to pancreatic cancer and PERT, endorsed by the British Dietetic Association and Pancreatic Society of Great Britain and Ireland.

Free | 30 – 45 minutes

[Take our short course](#)



<https://www.pancreaticcancer.org.uk/health-professionals/pert-hub/>

Supporting those with Pancreatic cancer

Together we can improve the experience for people with pancreatic cancer

The additional support we can offer to people with pancreatic cancer be a lifeline.

Sadly because diagnosis often happens late and survival rates are low, many people don't come across our services until it's too late.

We want to ensure that everyone knows about our services as soon as they are diagnosed.



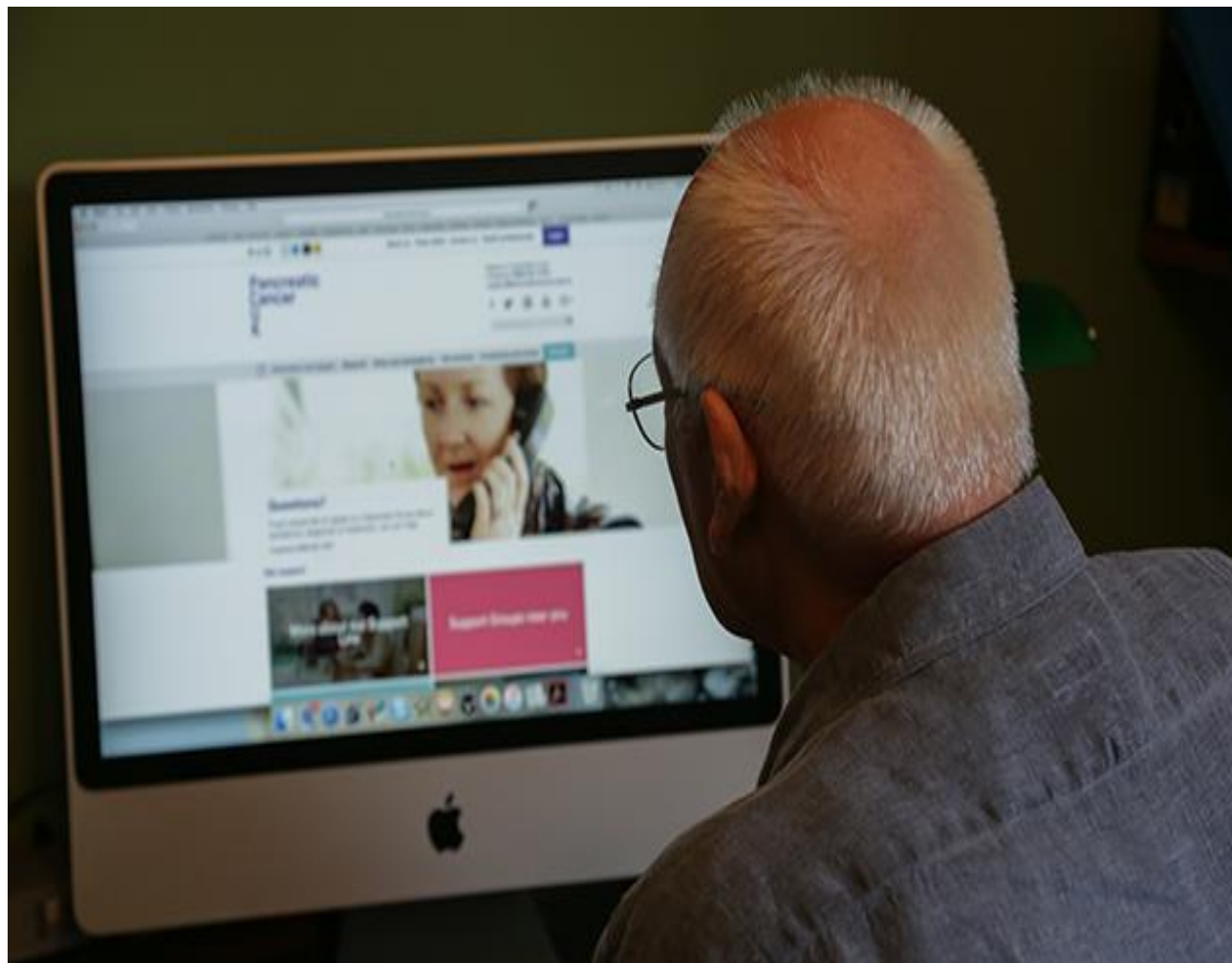
Support line

We are here to support and listen. Our free and confidential Pancreatic Cancer UK Support Line is a lifeline for thousands of patients, families and friends. Our specialist nurses understand the issues you might be facing and will support you in coping with pancreatic cancer.

0808 801 0707

Weekdays 9am - 4pm

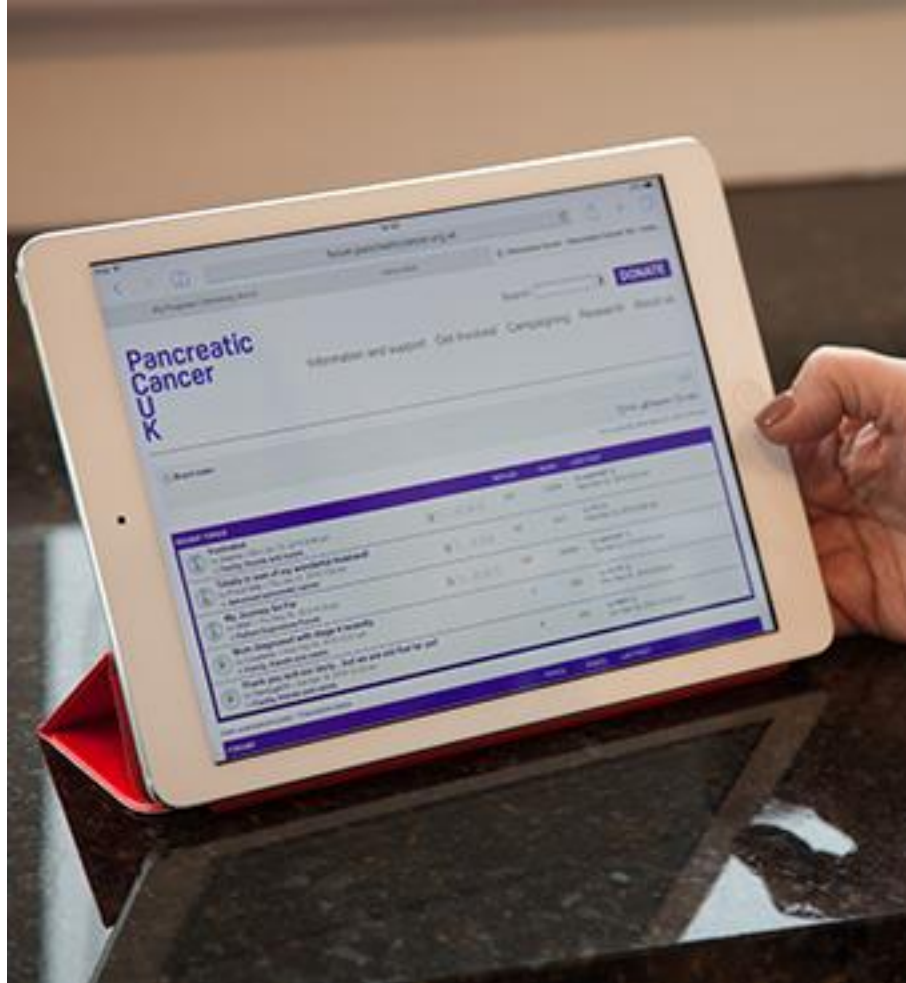
nurse@pancreaticcancer.org.uk



Website

Access to information and support. Feel free to explore our real life stories, order or download our publications, visit our Forum, use our Clinical Trial Finder, or find out how you can get involved with the charity.

www.pancreaticcancer.org.uk



Our online support is changing lives

We know people benefit from connecting with others with pancreatic cancer and our Living with Pancreatic Cancer online support sessions can be hugely beneficial to patients and their families wellbeing.

Hosted by our specialist nurses through Zoom, people can join a session from the comfort of their own home, listen to talks, ask questions and speak to others with similar experiences.

pancreaticcancer.org.uk/supportdays



Information you can trust and understand

- Information Standard
- Based on the latest evidence
- Easy to understand
- Plain English Award Winners
- Reviewed by health professionals, patients and families
- Updated every two years
- Easy read options



<https://publications.pancreaticcancer.org.uk/>

Pancreatic Cancer UK

You don't have to face pancreatic cancer alone

Let us help you and your family today.

Pancreatic Cancer UK

We're here to guide you through every stage
In addition to our nurse Support Line, our range of services are here when you need them most.

Expert information

Our free information covers everything about pancreatic cancer to help you understand your diagnosis, ask questions, make decisions and live as well as you can.



Living with Pancreatic Cancer Online Support Sessions

Our online support sessions are hosted by our specialist pancreatic cancer nurses and will give you the chance to connect with others who have also been diagnosed.

Side by Side service for people having surgery

This phone service connects you to trained volunteers who have already had pancreatic cancer surgery. They understand what you might be going through and share their own experiences of both before and after surgery.



Online forum

The forum is a supportive online space where everyone affected by pancreatic cancer can be there for one another at any time.



Pancreatic cancer Support Groups

Run by people affected by pancreatic cancer, these groups are an opportunity for people to meet others and support each other.



Real life stories

Read other people's experiences of pancreatic cancer on our website to find out how they coped with their diagnosis and treatment and their tips on looking after themselves.



Whether it's support for you, or a friend or family member, our services are available now. Find out more at

pancreaticcancer.org.uk/getsupport

Or you can call one of our nurses on

0808 801 0707

Pancreatic Cancer UK

Our specialist nurses are here to talk now
If your world has been turned upside down by a pancreatic cancer diagnosis, we are here to talk now. We can answer your questions, recommend practical steps and provide the emotional support you and your loved ones need, when you need it most.

Waiting for your call

Specialists in pancreatic cancer, we are only a call or email away. You can contact us about anything - managing symptoms, questions about your diagnosis, treatment options or just to talk about how you're really feeling.

A specialist nurse, dedicated to you

We can assign a dedicated nurse who stays with you through everything and gets to know you and your situation. Supporting over 2,000 people affected by pancreatic cancer each year, we are specialists in pancreatic cancer.

Unlimited time and bespoke follow-up

From 4 minutes to 40 minutes, we can talk and listen for as long as you need. After your call, we can provide personalised information by email or post, explaining the next steps and giving you confidence to move forward.

You don't have to face pancreatic cancer alone

Let us help you and your family today.

Call our free and confidential Support Line today

0808 801 0707

You can email our nurses at

nurse@pancreaticcancer.org.uk

Nurse Support Line

Specialists in pancreatic cancer, our friendly nurses are only a phone call away and are here to answer questions and talk for as long as you need.

0808 801 0707
Mon to Fri 10am - 4pm

nurse@pancreaticcancer.org.uk

What are the symptoms of pancreatic cancer?



Tummy pain which can spread to the back



Unexplained weight loss and loss of appetite



Change in bowel habits



Indigestion

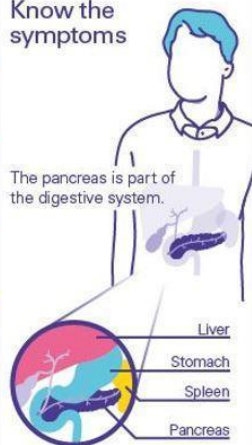


Jaundice (yellow skin or eyes and itchy skin)

If you have jaundice, go to your GP or A&E straight away.
If you have any of the other symptoms for 4 weeks or more, go to your GP.

Know the symptoms

The pancreas is part of the digestive system.



It produces enzymes which help break down food and hormones which control the sugar levels in our blood.

The symptoms of pancreatic cancer

How is pancreatic cancer diagnosed?

This fact sheet is for anyone having tests for pancreatic cancer. Families may also find it helpful. It explains the different tests that you might have, what they involve, and what your test results mean. There is also information about the support available to you.

Every hospital will do things slightly differently, so speak to your GP, consultant or specialist nurse if you have any questions.



You can also speak to our specialist nurses on our confidential Support Line. Call free on **0808 801 0707** or email nurse@pancreaticcancer.org.uk

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Diet and pancreatic cancer



How to manage problems with digestion using pancreatic enzyme replacement therapy (PERT)

This fact sheet is for anyone who has been diagnosed with pancreatic cancer. Your family may also find it helpful. It explains how to manage problems with digestion, which are common if you have pancreatic cancer.

The pancreas plays an important role in digestion, as it produces enzymes that help to break down the food we eat. Nutrients from the food are then absorbed into the blood and used by the body. Pancreatic cancer and surgery to remove the cancer can reduce the number of enzymes your pancreas makes. This means that you can't digest your food properly, so the nutrients in the food aren't absorbed. This is called **malabsorption**.

These digestion problems can be managed by capsules that replace the enzymes your pancreas would normally make. This is called **pancreatic enzyme replacement therapy (PERT)**. This fact sheet explains how to take PERT.


Speak to your dietitian, doctor or nurse for support with digestion problems and PERT.



You can also speak to our specialist nurses on our confidential Support Line. Call free on **0808 801 0707** or email nurse@pancreaticcancer.org.uk

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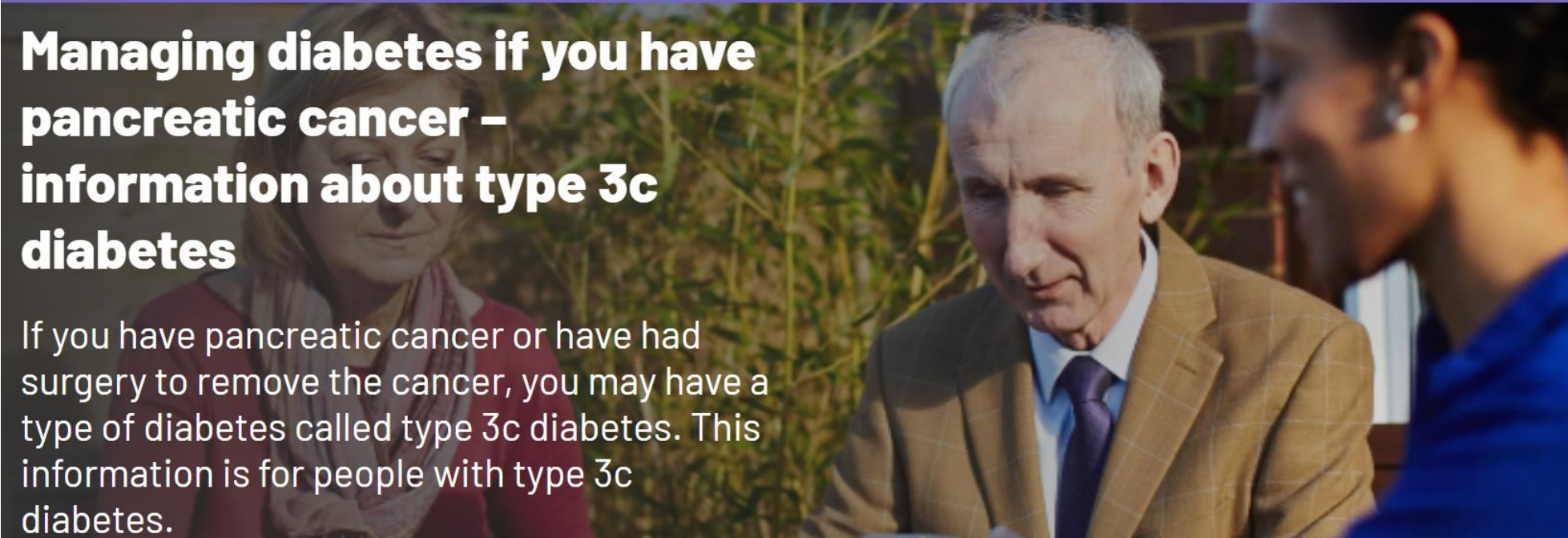
For health professionals Information for researchers COVID-19 information Talk to a nurse: 0808 801 0707

Pancreatic Cancer UK Information about pancreatic cancer Support for you What we do Research Get involved  [Donate](#)

[Home](#) > [Information about pancreatic cancer](#) > [Managing symptoms and side effects](#)

Managing diabetes if you have pancreatic cancer – information about type 3c diabetes

If you have pancreatic cancer or have had surgery to remove the cancer, you may have a type of diabetes called type 3c diabetes. This information is for people with type 3c diabetes.



<https://www.pancreaticcancer.org.uk/information/managing-symptoms-and-side-effects/diabetes-with-pancreatic-cancer/>

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Pancreatic cancer and end of life care

Information for people in the
last few months, weeks or
days of life





Thank you!