The role of the CNS in Enhanced Supportive Care.

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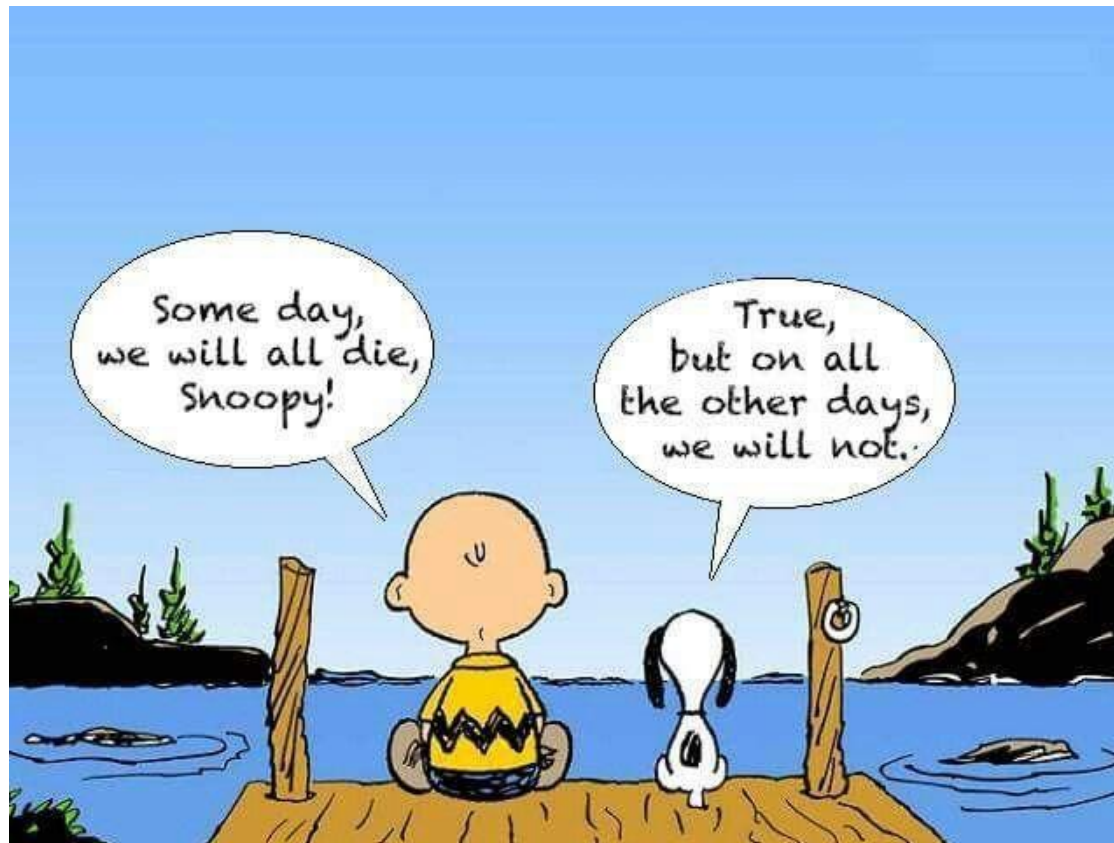
What is Enhanced Supportive Care (ESC)?

- A new initiative aimed at addressing more fully the needs of cancer patients…

- ..preventing and managing the adverse physical and psychological effects of cancer and it's treatment.

- …enhancing prehab, secondary cancer prevention, survivorship and end of life care.

- Cancer care accessed earlier than ' end of life'.

https://www.england.nhs.uk/.../2016/03/ca1-enhncd-supprtv-care-guid

https://www.england.nhs.uk/blog/richard-berman

So , basically…..

Delivering ESC as a CNS in a DGH

- Communication

- MDT working

- Signposting

- Joint working with SPCT

- Utilisation of services provided by other Health Care Professionals

Having services that deliver on this agenda:

➢ Holistic Needs Assessment Clinics

➢ Peer Support Group

➢ Living with and beyond days

➢ ESC Clinics/ Symptom management clinics

Holistic Needs Assessment Clinics

- Cancer Care Coordinator

- 'Personalised Care'

- Holistic Approach

- Local Cancer Centres

- Home visits… 2022

- Covid – Telephone HNA
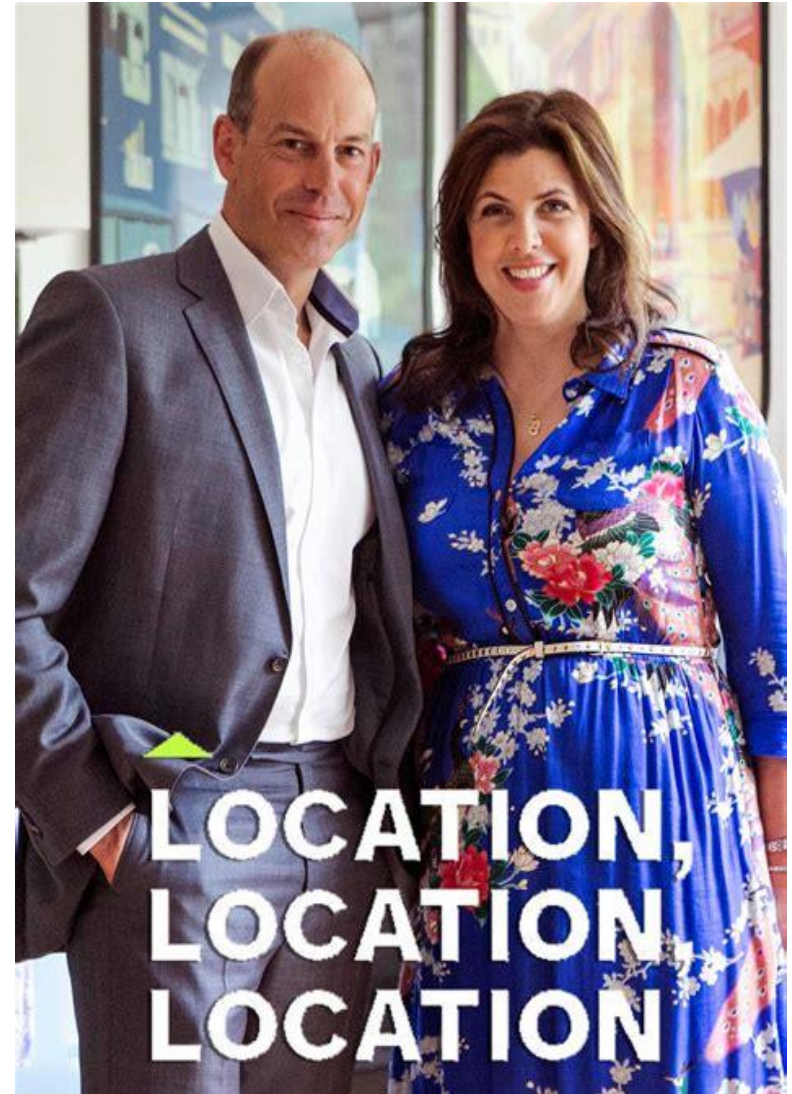
beechwood

Blythe House
Hospice

Support Group/ Living with days

- Peer Support

- Access to HCP in non clinical setting e.g. dietitian, diabetic nurse, CNS

- Psychological support

- Education/ information

- Accessing other services

- Covid – remote access to Support group and PCUK sessions

- Can be accessed from any point in journey

MAGGIE'S
Everyone's home of cancer care

Pancreatic
Cancer
U
K

ESC/ Complex clinics

- St Ann's Hospice

- Addressing complex symptom issues

- Signposting/ accessing other services

- Early introduction to the hospice
  environment

- … starting in Jan 2022.

Conclusion

- Good working relationships with MDT

- Personalised Care

- A range of services provided

- Accessible at any point in cancer journey

- The Covid effect – telephone/ video clinics. Virtual Support group.

One size does NOT fit all!