

Introduction to Pancreatic Cancer UK

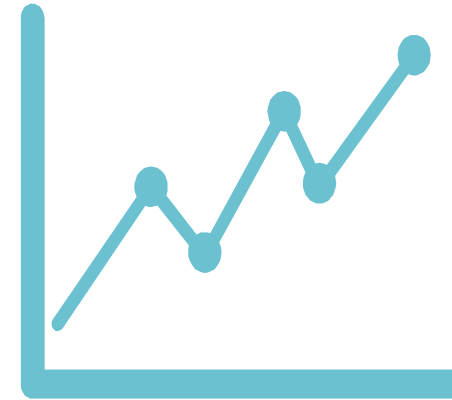
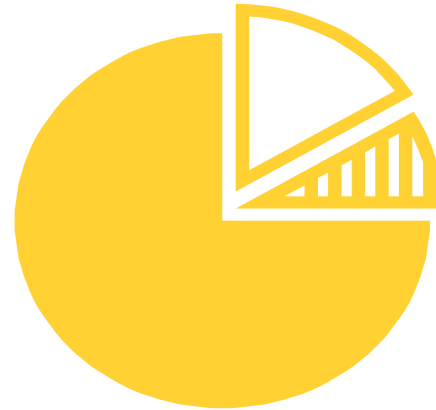
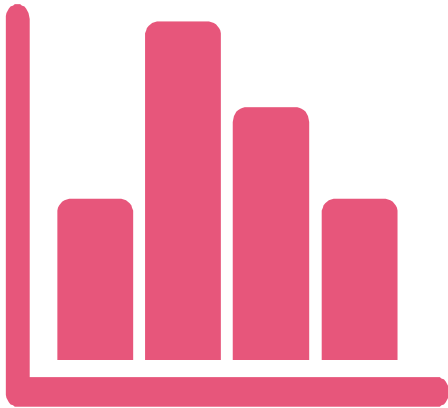
Sarah Bell

Head of Services
Pancreatic Cancer UK

#PCUKStudyDay

Pancreatic Cancer UK

The statistics



Deadliest common cancer

10,000

Pancreatic cancer cases
in 2016, UK



Pancreatic cancer
is the **11th most
common cancer**

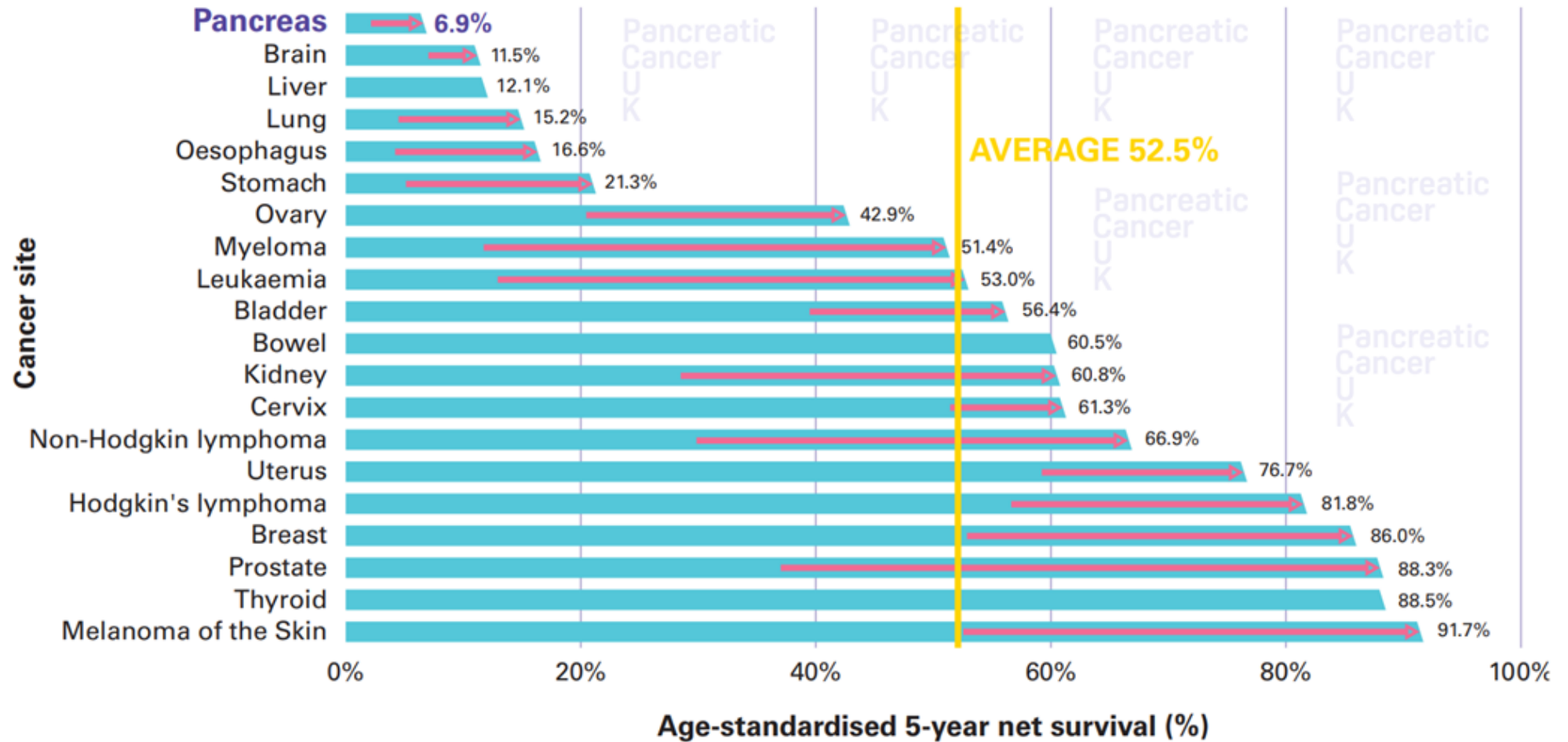
9,000

Pancreatic cancer deaths in
2016, UK

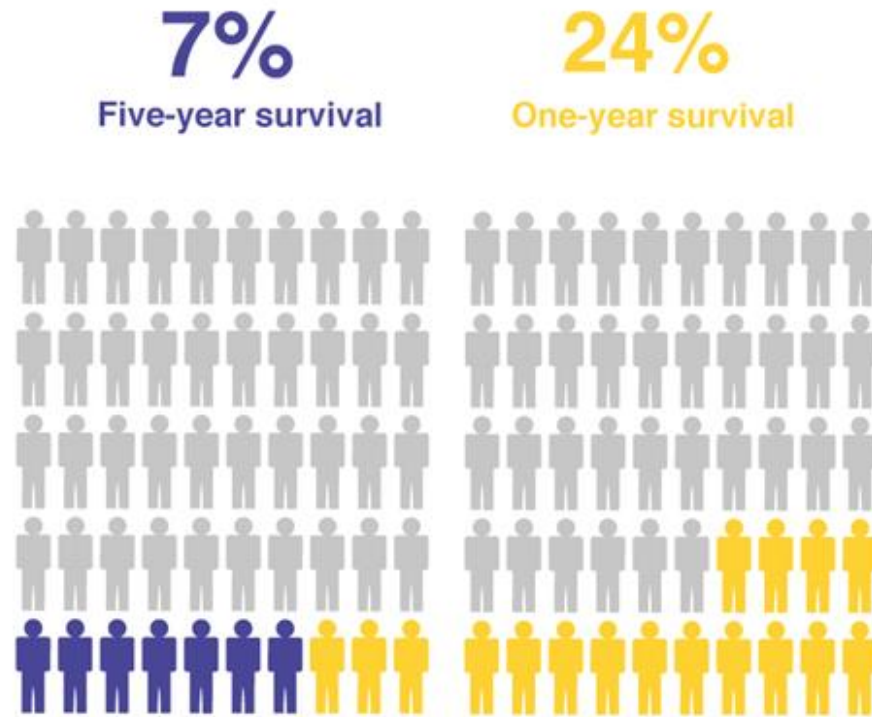


Pancreatic cancer
is the **5th biggest
cancer killer**

Five-year survival in the last 45 years



Low survival rates



Pancreatic cancer has the **lowest survival of all common cancers**

1 in 4



people diagnosed with pancreatic cancer
will die **within a month**

In contrast, only 1 in 10 people will die on average if
diagnosed with one of the 20 common cancers

3 in 4



people diagnosed with pancreatic cancer
will die **within a year**

In contrast, only 3 in 10 people will die on average if
diagnosed with one of the 20 common cancers

**Pancreatic
Cancer
UK**

Supporting people diagnosed and their families



Wide range of information

- Covering all aspects of pancreatic cancer
- Knowledge needed to make informed choices
- Easy to understand

Newly diagnosed packs

- For people with operable pancreatic cancer
- For people with inoperable pancreatic cancer

Tailored to best suit the needs of your patients

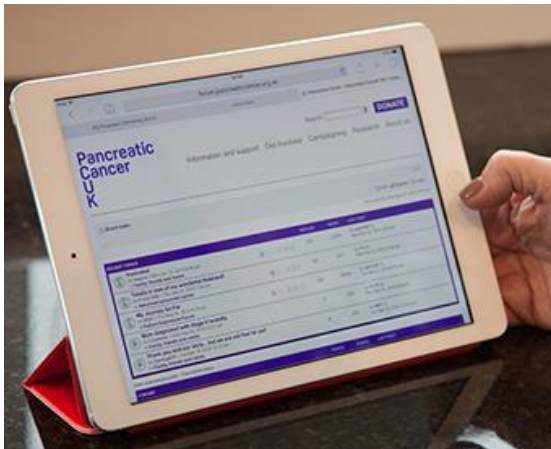
Easy to read information

Easy read booklets available for people who might struggle with written information



The gateway to access information and support

- Order and download our information
- Use our clinical trial finder
- Read and learn more from our real life stories
- Access our online forum



pancreaticcancer.org.uk



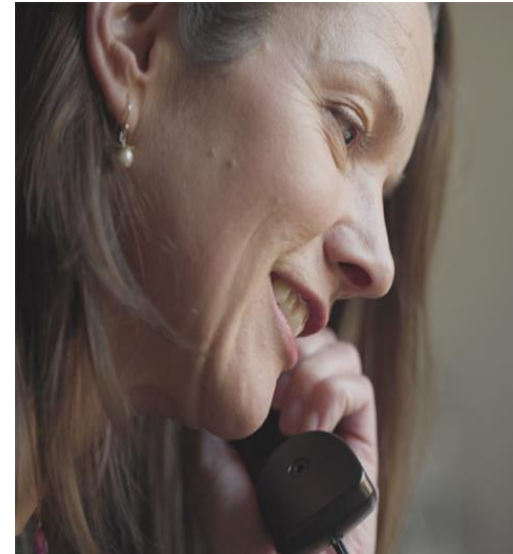
Here to support and listen – for as long as needed

- Experts in pancreatic cancer just a phone call away
- Support to patients and families
- Answer questions and provide information
- Offer a listening ear

“ The nurses I spoke to were so understanding and listened carefully to my concerns and gave very helpful and informative information. So genuine”.

0808 801 0707

nurse@pancreaticcancer.org.uk



Improving quality of life

“I have been going to the support sessions and they have been absolutely invaluable. I’ve booked onto all of them in March as I find them so helpful, informative and incredibly supportive.”

Online support sessions

- Hosted by our specialist nurses
 - Opportunity to connect with others
 - Learn more and ask questions
-
- Managing Nutrition and Pancreatic Enzymes
 - Managing Chemotherapy
 - Family, Friends and Carer’s Cuppa
 - Cuppa – for people living with pancreatic cancer



'Ask a Dietitian' webinar

Wednesday 23rd March, 6pm, Zoom

- Support for patients and carers
- Diet, digestive symptoms and PERT
- Presentation and live Q&A session
- 100% would recommend attending

➤ pancreaticcancer.org.uk/webinars

'Really good session, lots of information given out and the opportunity to ask questions was really useful.'

'This webinar was well worth attending. Lots of information to give me a better understanding of how I might need to manage my diet in the future.'



**Lisa
Woodrow**

Specialist nurse
Pancreatic Cancer UK



**Rachel
Caddy**

Specialist dietitian
Liverpool University
NHS Foundation Trust



**Lauren
Roberts**

Specialist HPB
oncology dietitian
The Clatterbridge
Cancer Centre

Support before and after surgery

- Connect by phone
- Trained volunteers who have had surgery
- Can be just one call, or many more
- Alleviate anxieties
- Help to emotionally and practically prepare

*“ can’t tell you how wonderful it was to speak to someone who knew what it was like because they’ve been through it **themselves**”.*



**Pancreatic
Cancer
UK**

**Supporting health
professionals**



Health Professional Support and Information Bulletin



Support for your patients



**Learning and development for
you**



Events for you

By joining our bulletin you will:

- Hear about the latest pancreatic cancer updates
- Be the first to hear about our upcoming events
- Find out about and order free copies of new and updated pancreatic cancer publications

pancreaticcancer.org.uk/health-professionals

PERT training - Online course

A health professional's guide to pancreatic cancer and PERT, endorsed by the British Dietetic Association and Pancreatic Society of Great Britain and Ireland.

Free | 30 – 45 minutes

[Take our short course](#)



New hub on pancreatic enzyme replacement therapy (PERT)

Visit our new hub for resources on pancreatic cancer and PERT, including our short online course endorsed by the British Dietetic Association and the Pancreatic Society of Great Britain and Ireland, and guides for health professionals and patients.

[Visit our PERT Hub](#)



pancreaticcancer.org.uk/health-professionals/pert-hub

Introduction to pancreatic cancer course

100% COMPLETE 20/20 Steps

< Previous Lesson

Next Lesson >

Hello, harriet-smith!



Introduction to pancreatic cancer: part one – symptoms, risk factors and diagnosis

Introduction to the course

✓ Overview of the course

✓ Survey: A bit about you

1 Survey

✓ Facts and figures about pancreatic cancer

How does pancreatic cancer affect the pancreas?

✓ **Function of the pancreas**

✓ Exocrine function

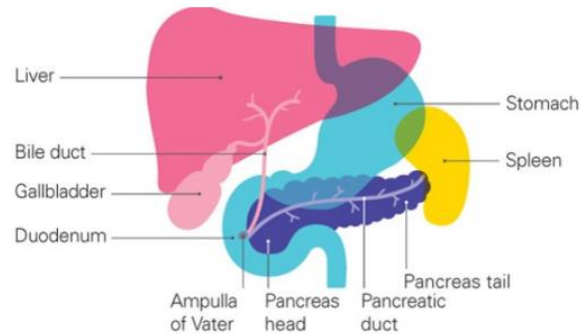
✓ Endocrine function

✓ Impact of pancreatic cancer on these functions

Function of the pancreas

Introduction to pancreatic cancer: part one – symptoms, risk factors and diagnosis > Function of the pancreas

COMPLETE



The pancreas is a large gland, about 12 -16 cm (6" long and 2.5cm (1") thick.

The pancreas is divided into the **head, neck, body and tail.**

- The head is the larger portion nestled within the 'C-shaped' curve of the duodenum (first part of the small intestine).
- The neck lies next to the pylorus (the valve between the stomach and small intestine).
- The body is situated deep in the abdomen behind the stomach and in front of the spine.
- The tail lies in close proximity to the spleen.

The pancreatic duct and the common bile duct meet at the Ampulla of Vater and empty into the duodenum.

The Ampulla of Vater is an opening where these ducts connect to the duodenum. These ducts release

If you haven't already...

- Order a sample pack of our information or any of our publications
- Order and give out our Services z-card to your patients
- Signpost to any of our support services
- Tell your patients and their families about our webinar
- Sign up to our health professional bulletin and keep coming to events
- Help us review our information if you are keen to get involved

We'd love to hear from you – any ideas, suggestions or feedback

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