

# What is personalised care?

Our experience and practice in Stockport.

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# What ?

Personalised cancer care means **providing individuals with cancer with access to care and support so that they can live as full, healthy and active a life as possible**. It is a partnership between the individual and their cancer team, providing support to talk about the things or outcomes that matter most to them and to agree the best course of action to achieve these outcomes.

- Personalised Care and Support Plans (based on [Holistic Needs Assessments](#))
- End of Treatment Summaries
- Primary Care Cancer Care Reviews
- Health and Well-being Information and Support

## Why?

- **What matters most to the patient ?**
- Personalised Care helps people living with cancer to take an **active and empowered role in the way their care** is planned and delivered, with interventions and care tailored around the things that matter most to them.
- Increase in survival of patients diagnosed with cancer – not sustainable to continue with the previous model. Strategic reasons for the development of PC.
- Acknowledges challenges associated with survivorship.
- Self Management.

## But...How?

- Not only does one size not fit all for the patients it doesn't for the implementation of Personalised care by each individual tumour group/ service
- Pancreatic cancer a difficult group to get this right for.....Recovery package **X** Living with and beyond cancer **X** Survivorship **X**
- Every Trust is different – Rural vs City, different workforce/ capacity, DGH vs Specialist centre, access to services

- A story of two services and a shared vision!
- Stockport and St Helens & Knowsley
- Acknowledgement of complexity of HPB/UGI pts, early link with hospice, close working relationships with community teams, accessing local services , peer support groups, good quality HNA and close working relations with Specialist Palliative Care Team ( SPCT)

## Stockport- HPB Service

- 3 Members of staff X1.5WTE cancer CNS Band 8a/7 , x0.8WTE CCC Band 4
- NLED service
- HNA- Delivered by Band 4- NOT in hospital setting
- Working relationships with cancer centres and local hospices
- Aim to build and strengthen links with community services
- Peer support
- Close working relationship with SPCT
- Recent pilot of Patient Impact Statement in MDT.

## St Helens & Knowsley – UGI/HPB service

- X9 members of staff – Band 8a x1, Band 7x3 , Band 6x3 and Band 4 x2
- MacMillan Project reviewing complexity of tumour group
- NLED service
- HNA – delivered by Band 6
- HNA/ Social prescribing – Band 4 CCC
- Peer support/ Treatment summaries/ H&WB events
- Closer working relationships with Community teams/ services
- Joint clinic with SPCT/ Advanced Care Planning.

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So....

- We know the What and the Why.
- The real question is the How?

How are we going to deliver good quality Personalised Care & Support Planning to our pancreatic cancer patients.

Discuss...



**Pancreatic  
Cancer  
UK**

**THANK YOU**