

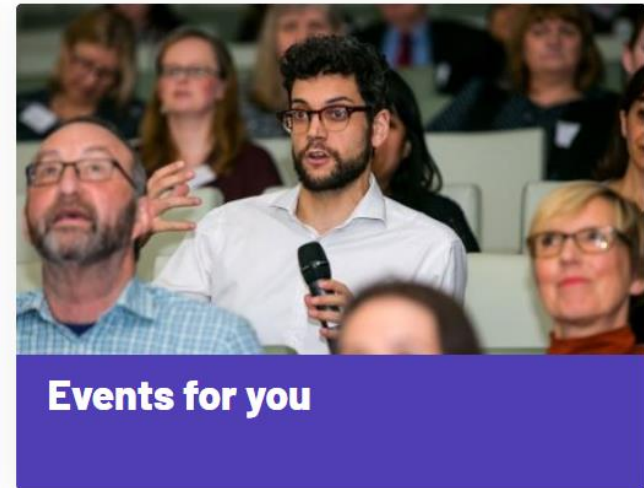
**Pancreatic
Cancer
UK**

**Pancreatic Cancer; support
for you & your patients**

**Pancreatic
Cancer
UK**

Supporting Health Care Professionals

Health Professional Support and Information Bulletin



By joining our bulletin you will:

- Hear about the latest pancreatic cancer updates
- Be the first to hear about our upcoming events
- Find out about and order free copies of new and updated pancreatic cancer publications

<https://www.pancreaticcancer.org.uk/health-professionals/health-professional-support-and-information-bulletin/>

PERT training - Online course

A health professional's guide to pancreatic cancer and PERT, endorsed by the British Dietetic Association and Pancreatic Society of Great Britain and Ireland.

Free | 30 – 45 minutes

[Take our short course](#)



New hub on pancreatic enzyme replacement therapy (PERT)

Visit our new hub for resources on pancreatic cancer and PERT, including our short online course endorsed by the British Dietetic Association and the Pancreatic Society of Great Britain and Ireland, and guides for health professionals and patients.

[Visit our PERT Hub](#)



<https://www.pancreaticcancer.org.uk/health-professionals/pert-hub/>

Take our new Introduction to pancreatic cancer online course

Our three-part introduction to pancreatic cancer course provides an overview of pancreatic cancer, from how it presents and the symptoms associated with the disease, to treatment options and the ongoing supportive care needs of people with pancreatic cancer.

Our **three-part introduction to pancreatic cancer course** provides an overview of pancreatic cancer, from how it presents and the symptoms associated with the disease, to treatment options and the ongoing supportive care needs of people with pancreatic cancer.

- Part one shares the **symptoms, risk factors and diagnosis** of pancreatic cancer. [Sign up to the course now.](#)
- Part two discusses the **surgical and non-surgical treatment options** for pancreatic cancer. [Take the course now.](#)
- Part three explores **symptom management** for pancreatic cancer such as pain, fatigue, diet and the psychological impact. [Start the course now.](#)

This course is designed for **all healthcare professionals with no or limited experience of pancreatic cancer**, or those looking for a refresher.

Each part of the course will take **approximately 30 – 40 minutes to complete** (dependent on existing knowledge) and you will receive a **CPD certified course certificate** upon completion. .

To be one of the first to hear about future launches, [sign up to our Health Professional Support & Information Bulletin.](#)

Take the course now

Webinars

**Pain management within
pancreatic cancer | 27th
September, 9.30am-11.30am |
Virtual**

[Show more](#)

**PERT and pancreatic cancer |
22nd September, 9am-10.40am |
Virtual**

**Supporting patients with
pancreatic cancer | 10th & 17th
March 2022 | Virtual**

[Show more](#)

**Personalised care in pancreatic
cancer workshop: for UGI/HPR**

**Diabetes and pancreatic cancer |
10th February 2022 | Virtual**

[Show more](#)

**Dietetic management and
pancreatic cancer | 2nd December
2021 | Virtual**

[Show more](#)

**Pancreatic
Cancer
UK**

Supporting those with Pancreatic cancer



Providing cancer patients with information helps patients with decision making, prepares them for treatment and helps them cope with adverse effects associated with it, reduces anxiety and depression, increases satisfaction with treatment, improves communication with family and improves quality of life

The National Cancer Patient Experience survey reports that access to information and support is poorer in pancreatic cancer than in other cancers



Publications

New patient packs

- A pack for people with **operable pancreatic cancer** (stage 1 or stage 2)
- A pack for people with **inoperable pancreatic cancer** (stage 3 or stage 4)

Diet

Chemotherapy

Surgery

Stents

Fatigue etc

Easy read options

<https://publications.pancreaticcancer.org.uk/>

SIDE BY SIDE



A support service for people affected by pancreatic cancer who have had, or are likely to have, surgery to remove their cancer. It gives you the chance to speak to a trained volunteer who has been in a similar situation to your own.

<https://www.pancreaticcancer.org.uk/support-for-you/side-by-side-support-for-before-and-after-surgery/>

Pancreatic cancer that can be removed by surgery

A guide if you have just been diagnosed



Diet and pancreatic cancer



How to manage problems with digestion using pancreatic enzyme replacement therapy (PERT)

This fact sheet is for anyone who has been diagnosed with pancreatic cancer. Your family may also find it helpful. It explains how to manage problems with digestion, which are common if you have pancreatic cancer.

The pancreas plays an important role in digestion, as it produces enzymes that help to break down the food we eat. Nutrients from the food are then absorbed into the blood and used by the body. Pancreatic cancer and surgery to remove the cancer can reduce the number of enzymes your pancreas makes. This means that you can't digest your food properly, so the nutrients in the food aren't absorbed. This is called **malabsorption**.

These digestion problems can be managed by capsules that replace the enzymes your pancreas would normally make. This is called **pancreatic enzyme replacement therapy (PERT)**. This fact sheet explains how to take PERT.

Speak to your dietitian, doctor or nurse for support with digestion problems and PERT.



You can also speak to our specialist nurses on our confidential Support Line. Call free on **0808 801 0707** or email nurse@pancreaticcancer.org.uk

Pancreatic Cancer UK

You don't have to face pancreatic cancer alone

Let us help you and your family today.

Pancreatic Cancer UK

We're here to guide you through every stage
In addition to our nurse Support Line, our range of services are here when you need them most.

Expert information

Our free information covers everything about pancreatic cancer to help you understand your diagnosis, ask questions, make decisions and live as well as you can.



Living with Pancreatic Cancer Online Support Sessions

Our online support sessions are hosted by our specialist pancreatic cancer nurses and will give you the chance to connect with others who have also been diagnosed.



Side by Side service for people having surgery

This phone service connects you to trained volunteers who have already had pancreatic cancer surgery. They understand what you might be going through and share their own experiences of both before and after surgery.



Online forum

The forum is a supportive online space where everyone affected by pancreatic cancer can be there for one another at any time.



Pancreatic cancer Support Groups

Run by people affected by pancreatic cancer, these groups are an opportunity for people to meet others and support each other.



Real life stories

Read other people's experiences of pancreatic cancer on our website to find out how they coped with their diagnosis and treatment and their tips on looking after themselves.



Whether it's support for you, or a friend or family member, our services are available now. Find out more at

pancreaticcancer.org.uk/getsupport

Or you can call one of our nurses on

0808 801 0707

Pancreatic Cancer UK

Our specialist nurses are here to talk now
If your world has been turned upside down by a pancreatic cancer diagnosis, we are here to talk now. We can answer your questions, recommend practical steps and provide the emotional support you and your loved ones need, when you need it most.

Waiting for your call

Specialists in pancreatic cancer, we are only a call or email away. You can contact us about anything - managing symptoms, questions about your diagnosis, treatment options or just to talk about how you're really feeling.

A specialist nurse, dedicated to you

We can assign a dedicated nurse who stays with you through everything and gets to know you and your situation. Supporting over 2,000 people affected by pancreatic cancer each year, we are specialists in pancreatic cancer.

Unlimited time and bespoke follow-up

From 4 minutes to 40 minutes, we can talk and listen for as long as you need. After your call, we can provide personalised information by email or post, explaining the next steps and giving you confidence to move forward.

Nurse Support Line

Specialists in pancreatic cancer, our friendly nurses are only a phone call away and are here to answer questions and talk for as long as you need.

0808 801 0707
Mon to Fri 10am - 4pm

nurse@pancreaticcancer.org.uk



You don't have to face pancreatic cancer alone

Let us help you and your family today.

Call our free and confidential Support Line today

0808 801 0707

You can email our nurses at

nurse@pancreaticcancer.org.uk



The screenshot shows the Pancreatic Cancer UK website. At the top left, there are social media icons for Facebook, Twitter, LinkedIn, Instagram, and YouTube. To the right, there are links for 'For health professionals', 'Information for researchers', 'COVID-19 information', and a phone icon with the text 'Talk to a nurse: 0808 801 0707'. Below this is a navigation bar with the Pancreatic Cancer UK logo on the left, followed by menu items: 'Information about pancreatic cancer', 'Support for you', 'What we do', 'Research', and 'Get involved'. On the right side of the navigation bar, there is a search icon and a red 'Donate' button. Below the navigation bar is a breadcrumb trail: 'Home > Information about pancreatic cancer > Managing symptoms and side effects'. The main content area features a large image of a woman and a man in a suit talking. Overlaid on the left side of the image is the following text:

Managing diabetes if you have pancreatic cancer – information about type 3c diabetes

If you have pancreatic cancer or have had surgery to remove the cancer, you may have a type of diabetes called type 3c diabetes. This information is for people with type 3c diabetes.

Diet after a stent or bypass surgery

This page has information on managing your diet after a stent or bypass surgery.

<https://www.pancreaticcancer.org.uk/information/treatments-for-pancreatic-cancer/stents-and-bypass-surgery/diet-after-a-stent-or-bypass-surgery/>

Stents and bypass surgery for pancreatic cancer

This fact sheet is for people with pancreatic cancer who are having a stent or bypass surgery. These treatments help symptoms caused by the cancer blocking the bile duct or duodenum. Family members may also find it helpful. It describes what the treatments involve, possible side effects, how they can affect your diet, and recovering afterwards.

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Each hospital will do things slightly differently so use this fact sheet as a general guide. Ask your doctor or nurse for more information about your treatment.



You can also speak to our specialist nurses on our confidential Support Line. Call free on **0808 801 0707** or email nurse@pancreaticcancer.org.uk

1 in 4



people diagnosed with pancreatic cancer
will die **within a month**

In contrast, only 1 in 10 people will die on average if
diagnosed with one of the 20 common cancers

3 in 4



people diagnosed with pancreatic cancer
will die **within a year**

In contrast, only 3 in 10 people will die on average if
diagnosed with one of the 20 common cancers

Pancreatic cancer and end of life care

Information for people in the
last few months, weeks or
days of life





Support line

We are here to support and listen. Our free and confidential Pancreatic Cancer UK Support Line is a lifeline for thousands of patients, families and friends. Our specialist nurses understand the issues you might be facing and will support you in coping with pancreatic cancer.

0808 801 0707

Weekdays 9am - 4pm

nurse@pancreaticcancer.org.uk

Virtual Support Sessions

100% of people who have given us feedback said they would recommend attending one of our online support sessions to someone else who is diagnosed, or supporting someone, with pancreatic cancer.

- Managing Symptoms
- Managing Nutrition and Pancreatic Enzymes
- Managing Chemotherapy
- Family, Friends and Carers' Cuppa
- Cuppa

<https://www.pancreaticcancer.org.uk/support-for-you/living-with-pancreatic-cancer-support-sessions/>



Pancreatic
Cancer
UK



Thank you for listening
Lynne.mccallum@pancreaticcancer.org.uk