

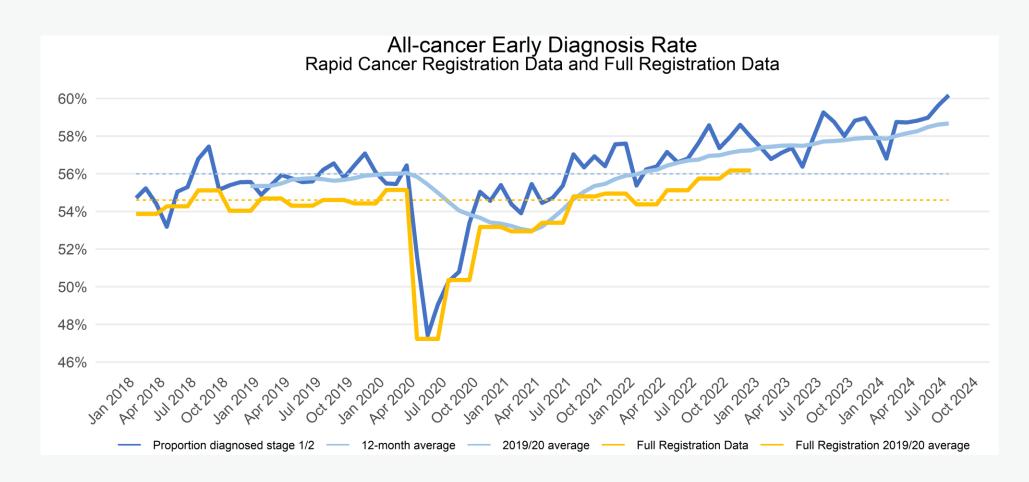
Early diagnosis of Pancreatic Cancer Programme

Georgina Lilley, Project Manager NHSE Cancer Programme

The NHS Cancer Programme has three main priorities

- **Earlier diagnosis** to diagnose 75% of cancers at Stage 1 and 2 by 2028 and ensure that 55,000 more people survive for five years or more
- Improving operational performance completing the recovery of cancer services from the pandemic and improving performance against our modernised cancer waiting times standards
- Treatment and care providing the best possible treatment and experience of care, both during and beyond treatment, and for those living with cancer

We have recently seen the first sustained rise in early diagnosis in a decade and are constantly seeking new ways to continue this upward trend



The NHS Cancer Programme is currently focusing on two initiatives to improve the earlier diagnosis of pancreatic cancer:

1. Increasing access to surveillance for people at hereditary risk of pancreatic cancer

2. Delivering a case-finding pilot in PC to proactively identify people aged 60+ with new onset diabetes and weight loss as per NICE guidance (NG12)

Proactively implementing NICE guidance (NG12) to identify patients at high risk of pancreatic cancer in Primary Care

- A National Cancer Programme Tumour Site Review in 2022 identified case finding as the best evidenced approach for improving early diagnosis rates.
- One early indicator of pancreatic cancer is new onset diabetes (NOD) coupled with weight loss. NICE
 guidelines (NG12) currently recommends an urgent CT or ultrasound for patients aged 60 years and over with
 NOD and weight loss.
- In 2025 NHS England is launching a Case-Finding Pilot with Primary Care Networks (PCNs), to determine if case-finding is an effective method for diagnosing pancreatic cancer at an earlier stage, when curative treatment is still an option.
- During the 2-year pilot, PCNs will conduct regular patient record searches to proactively identify all patients
 with aged 60 years and over with NOD and weight loss, and once identified, test these patients via CT scans
 and blood tests.
- An Expressions of interest process is **now live** until 31st January 2025 for Cancer Alliances, with support from PCNs to apply to the take part in the pilot.

NICE guidance (NG85) recommends surveillance for people with inherited risk of pancreatic cancer

NHS England is supporting the effective implementation of NG85 by:

A) working to increase the number of people receiving active surveillance by funding the EUROPAC Regional Navigator service and supporting the delivery of the PCUK Family History checker tool

Results to date

Results to Content Alliances: 827

PCUK Family History checker referrals: 2,273 (Sep – Oct 2024)

B) gathering further evidence to determine a surveillance protocol and recall schedule for different cohorts of people at hereditary risk of pancreatic cancer



Publication of a series of papers from EUROPAC to inform future surveillance protocols.

Number eligible for active surveillance: 188

Thank you from the Pancreatic Cancer Early Diagnosis Team

If you would like to find out more about our programme, or express an interest in applying for the pilot please email us directly england.pancreaticcancer@nhs.net



Pancreatic Cancer UK Webinar November 2024





Agenda

- Introduction
- 1 Inherited risk for pancreatic cancer
- How healthcare professionals can refer
- Family History Checker
- How Cancer Alliances can support

What is the campaign?



- Early detection saves lives. While most cases of pancreatic cancer do not run in families, we know that around 1 in 10 pancreatic cancers are inherited.
- Pancreatic Cancer UK, supported by NHS England, have launched a new campaign to increase awareness of the inherited risk of pancreatic cancer.
- The campaign aims to increase referrals of people with inherited risk of pancreatic cancer to a national study known as the European Registry of Hereditary Pancreatic Diseases (EUROPAC), so they can receive regular monitoring.
- Pancreatic Cancer UK have developed a new simple online **Family History Checker** which allows people to check their eligibility and self-refer to the EUROPAC study.

Who is eligible for referral to EUROPAC?



Familial pancreatic cancer eligibility

- Two or more relatives of first-degree kinship (sibling, parent and grandparent) affected by pancreatic cancer.
- Three or more relatives affected by pancreatic cancer (on the same side of the family i.e., maternal, or paternal).
- Carrier of a known genetic mutation, including BRCA1, BRCA2, PALB2, CDKN2A (p16), ATM, Lynch syndrome, and one family member affected by pancreatic cancer.
- · Carrier of Peutz-Jeghers.

Hereditary pancreatitis eligibility

- Families with two or more relatives with idiopathic pancreatitis.
- Families with at least one case of pancreatitis and a confirmed causative mutation in the PRSS1 gene.

The registry criteria and does not determine eligibility for surveillance. A risk assessment is conducted as part of registration to determine eligibility for surveillance.

How can healthcare professionals refer?





AC Office Office William Name Registry of Hereditary Pancreatic Diseases

UROPAC Office, 3rd Floor William Henry Duncan Building, 6 West Derby Street, University of Liverpool, L7 8TX Tel: +44 (0)151 795 1256 email: europac@liv.ac.uk www.europactrial.com

EUROPAC Referral Sheet

		Referral Sheet			
	Particip	ant Details			
Participant Name			M/F		
NHS Number			Date of Birth		
14115 14umber			Date of Birtin		
Participant address			Post Code		
Participant Contact Number			Your Reference		
			Number		
•	Referr	er Details			
Referrer Na	ame				
Date					
Referrer Email	address				
	Famil	v History			
		ppropriate)			
		gree kinship with pancre			
(For example, parent and	grandparent, parent an ore cases of pancreatic of	d sibling, parent, and at	int/uncle etc.)		
	•	•			
		rith an associated syndro			
(BRCA1, BRAC2, ATM, PA	LB2, Lynch Syndrome/ Peutz-Jeghers Syr		ultiple Melanoma)		
Two or	more relatives with idi	opathic pancreatitis			
Family	history of pancreatitis a	and PRSS1mutation			
Ţ.	, p				
Other:					
s the patient aware that this is a		e contacted by the			
tudy		EUROPAC Team			
		Documents			
Family Pedigree	Yes	cs service only No	I N/	Α	
,		-10			
Lab Report	Yes	No	N/A	A	
Confirmations of diagnosis Yes		No	N/A	N/A	
Confirmations of diagnosis Yes		NO	N/A	A	

If you have any queries regarding eligibility, contact the EUROPAC Team via your Regional Navigator The EUROPAC Study does take self-referrals, there is no referral sheet for this, patients simply contact the team

Once complete please send the referral sheet to your area's navigator or Europac.Study@liverpoolft.nhs.ul

 Discuss the EUROPAC monitoring programme with patients who may have an inherited risk of pancreatic cancer and refer directly to EUROPAC through the regional navigators in your region.

- 2. Refer using the referral form and contact details for each regional navigator in England
- Following a referral, the EUROPAC study team will contact the patient to undertake a full family history. A further risk assessment is then conducted as part of registration to determine eligibility for surveillance.

If you live in Scotland, Wales or Northern Ireland you can send referrals to Europac.Study@liverpoolft.nhs.uk.

Potential routes to refer patients



Pancreatic cancer MDT

- MDT should consider whether an individual with pancreatic cancer or relatives maybe is eligible for registration during MDT discussion
- Individuals with pancreatic cancer are eligible for the registry only. Relatives of patients may be eligible for both registration and surveillance.

Genetic services

• Upon diagnosis of relevant genetic condition, ask relevant individuals about family history of pancreatic cancer or hereditary pancreatitis as appropriate.

GPs

- GP to discuss concerns and family history of pancreatic cancer.
- Discuss study with relevant individuals and refer onwards if individual would like to consider the study.

Inherited risk campaign



- Development of an **online interactive self-referral tool** to identify and signpost eligible people to the EUROPAC surveillance programme
- 2 Development and **delivery of a national campaign to maximise awareness** of inherited risk and the availability of the surveillance programme among:
 - o Pancreatic Cancer UK existing patient and supporter audience
 - o Healthcare professionals, current patients and health bodies

This will in turn:

- Increase the number of people enrolled onto the EUROPAC registry
- Increase the number of people enrolled onto active surveillance for pancreatic cancer
- Shift the stage at diagnosis for pancreatic cancer and support the NHS England 75% early diagnosis ambition



Family History Checker

What does the platform look like?

While most cases of pancreatic cancer do not run in families, some can be inherited.

Find out if you and your family may be at higher risk of developing pancreatic cancer. You may be able to take part in a study which monitors people for pancreatic cancer.

Just answer a few quick questions to check your family risk today.



This is not a formal risk assessment and if you would like more information please visit the **family history section on our website**.

Check my risk

13:01

We will ask you about blood relatives on the same side of your family. By this we mean relatives who are directly related to you and each other by birth. They should be **either** on your mother's side of the family, **or** your father's side of the family – not people on both sides. For example, your mother, your mother's parents, and your children.

We don't mean people who are part of your wider family but not directly related to you, like your step-father, or sister's partner.



Including yourself, how many relatives with pancreatic cancer have you had on the same side of the family?

13:01

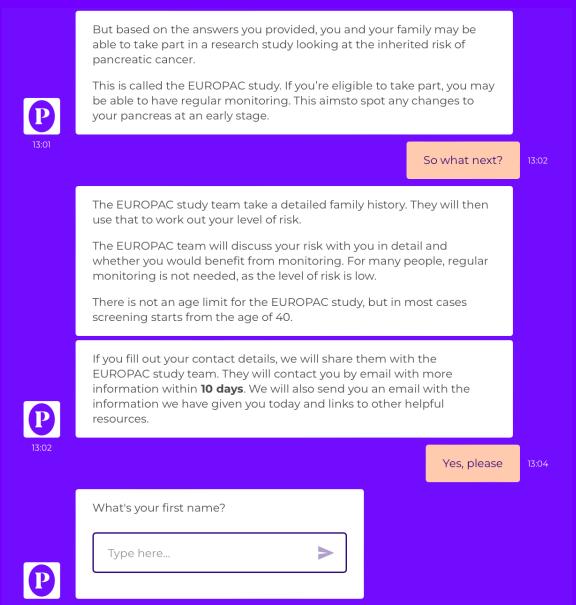
More than one

13:01

People can selfrefer to EUROPAC

Family History Checker





Follow up information and support email – referral



Test: Your Family History Checker results







O Pancreatic Cancer UK <donotreply@email.pancreaticcancer.org.uk>

Today at 15:27





Your Family History Checker results

Dear Peter.

Thank you for completing our Family History Checker. This email explains family history of pancreatic cancer, and what will happen next.

Based on your answers in the Family History Checker, you and your family may be able to take part in a study looking at the inherited risk of pancreatic cancer. This is called the EUROPAC study. As part of this, you and your family may be able to have regular monitoring. This aims to spot any changes to the pancreas at an early stage.

Find out more about EUROPAC

Why might my family and I have a higher risk of pancreatic cancer?

What happens next?

The EUROPAC study team should contact you by email with more information about the study within 10 working days.

If you decide to sign up to the study, the EUROPAC team will take a detailed family history. They will use this to work out your and your family's exact risk. They will discuss the risk with you in detail and whether you and your family would benefit from monitoring. This process can take a few months. For many people, regular monitoring is not needed.

If you don't hear back from the EUROPAC study team within 10 days or would like more information, you can find their contact details on the EUROPAC website. Unfortunately, we can't answer questions about how EUROPAC are processing your details.

If you still have any questions or worries about pancreatic cancer, you can contact us on our free Support Line. We are all specialist nurses, and are experts in pancreatic cancer. Although we won't have any information about your assessment with EUROPAC, we can provide support if you are concerned. Call us on 0808 801 0707 or email us.

Warm wishes.



Nicci, Jeni, Rachel, Lisa, & Lynne **Pancreatic Cancer UK Specialist Nurses** nurse@pancreaticcancer.org.uk

Follow up information and support email – no referral



Test: Your Family History Checker results









O Pancreatic Cancer UK <donotreply@email.pancreaticcancer.org.uk>

Today at 15:25

To: Peter de Rosa ring out more about the symptoms

View in browser



Thank you for using our Family History Checker

Dear Peter.

Thank you for completing our Family History Checker.

Based on your answers, you and your family do not have any of the main risk factors for inherited pancreatic cancer. This means you and your family would not benefit from monitoring for pancreatic cancer.

This is because you told us that you:

- · do not have more than one family member with pancreatic cancer on the same side of the family
- · don't have a genetic condition that increases the risk of pancreatic cancer in the family
- · do not have hereditary pancreatitis in the family.

People who have a risk of inherited pancreatic cancer would usually have one or more of these.

Know the symptoms of pancreatic cancer

Remember you can still get pancreatic cancer, even if you don't have a family history. Over 10,000 people are diagnosed a year in the UK. Only around 1 in 10 pancreatic cancers run in families, and most cases of pancreatic cancer are not inherited. So make sure you know the symptoms.



Symptoms include:

- indigestion
- tummy and back pain
- changes to your poo
- · unexplained weight loss
- loss of appetite
- jaundice (yellow skin or eyes and itchy skin).

Find out more

How can healthcare professionals support the campaign?



- Discuss the EUROPAC monitoring programme with patients who may have an inherited risk of pancreatic cancer and refer directly to EUROPAC through the regional navigators in your region.
- You can also visit Pancreatic Cancer UK's inherited risk resources hub for more information about the campaign and to order patient and healthcare professional resources.
- 3. Promote and share the **Family History Checker** and download campaign resources to raise awareness among healthcare professionals and local populations.
- 4. Your patients can also check their eligibility and self-refer for the study using a simple online Family History Checker

Healthcare professional resources



Pancreatic Cancer UK Inherited Risk Resources Hub

Healthcare professionals can visit the Pancreatic Cancer UK Inherited Risk Resources Hub for more information about the campaign and to order patient and healthcare professional resources.

Health professional information sheet

 Healthcare professionals can download the healthcare professional information sheet which has further information about the EUROPAC study and how to refer patients.



Pancreatic cancer inherited risk fact sheet

Pancreatic Cancer UK and EUROPAC are working together, supported by NHS England, to widen the roll out of pancreatic cancer surveillance for people with a family history of pancreatic cancer and hereditary pancreatitis across England. As a healthcare professional. you have a central role in supporting this by referring patients who may have an inherited risk of pancreatic cancer to the national study - known as The European Registry of Hereditary Pancreatic Diseases Registry of Hereditary Pancreatic Diseases (EUROPAC).

Pancreatic cancer has the lowest survival of all common cancers. Over half of people diagnosed die within 3 months. Early detection of pancreatic cancer, for example by identifying and monitoring people who are most at risk, could save thousands of lives every year.

Together we can detect early and save lives.



Surveillance is available to patients at higher

Around 1 in 10 pancreatic cancers are inherited.

NICE NG85 guidelines state that people with inherited pancreatic cancer risk should be monitored so that any changes to their pancreas can be detected at an early stage. The surveillance of people with an inherited risk of pancreatic cancer is available through the national study - known as The European (EUROPAC).

How can I refer my patients?

As a healthcare professional, you should discuss the surveillance programme with patients who may have an inherited risk of pancreatic cancer and you can refer patients directly to EUROPAC through the regional navigators in your region.

You can find more information about the EUROPAC study, who is eligible and how to refer patients on our inherited risk resources hub:

pancreaticcancer.org.uk/inherited-risk-hub

Order printed campaign resources

Healthcare professionals can order a pack of resources to help raise awareness of the inherited risk of pancreatic cancer.

The pack contains:

- 2 A4 Family History Checker posters
- 10 A6 Family History Checker postcards
- 1 A4 Health professional information sheet

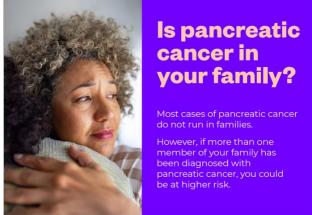
The pack of resources is available to order from the Pancreatic Cancer UK website.

You can also download and print the following resources:

- Family History Checker poster
- Health professional information sheet







Social media campaign assets

Promote and share Pancreatic Cancer UK's Family History Checker on social media to raise awareness among healthcare professionals and local populations.

www.pancreaticcancer.org.uk/information/family-history-checker/

Social media assets:

Instagram, Facebook or LinkedIn

- Download Family History Checker asset (Option 1)
- Download Family History Checker asset (Option 2)

X

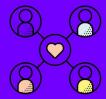
- <u>Download</u> Family History Checker asset (Option 1)
- Download Family History Checker asset (Option 2)

Pancreatic Cancer UK's Family History Checker (youtube.com)

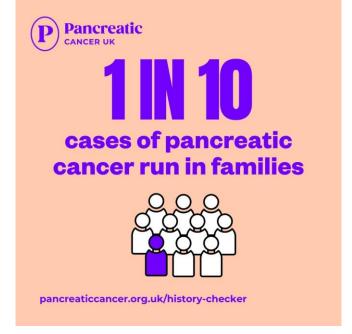


Is pancreatic cancer in your family?

Answer three quick questions to check your risk today



pancreaticcancer.org.uk/history-checker



Example posts for social media



Facebook, Instagram or LinkedIn

Pancreatic cancer has the lowest survival of any common cancer. Detecting this devastating disease early could save your, or a loved one's, life. Most cases of pancreatic cancer do not run in families, however if more than one member of your family has been diagnosed with the disease, you could be at higher risk.

Pancreatic Cancer UK have launched a new Family History Checker, supported by NHS England, which allows you to check your family risk by answering three quick questions.

Find out if you and your family may benefit from regular monitoring which could save your life https://bit.ly/3MB6ALh
#PCUKHistoryChecker

X

1 in 10 cases of #PancreaticCancer run in families.

@PancreaticCanUK's Family History Checker can help identify people with a family history of pancreatic cancer who may benefit from regular monitoring that could save their lives https://bit.ly/3MB6ALh #PCUKHistoryChecker



How can Cancer Alliances support the campaign?



- Continue to work to set up and support referrals into EUROPAC via regional navigators, as requested by NHS England.
- 2. Promote and share the <u>Family History Checker</u> and download campaign resources to raise awareness among healthcare professionals and local populations.
- Share the <u>Pancreatic Cancer UK Inherited Risk Resources Hub</u> via healthcare professional channels and networks.

Pancreatic Cancer UK are keen to explore new ways to promote the campaign, including improving reach to diverse communities, setting up automatic GP text services or promoting case studies in local media.





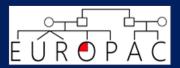
THE FOLLOW-ON PARTICIPANT JOURNEY

SUPPORTING PEOPLE WITH AN INHERITED RISK OF PANCREATIC CANCER

Annabelle Boughey
EUROPAC Operations Manager

Wednesday 27th November 2024

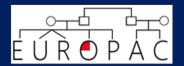




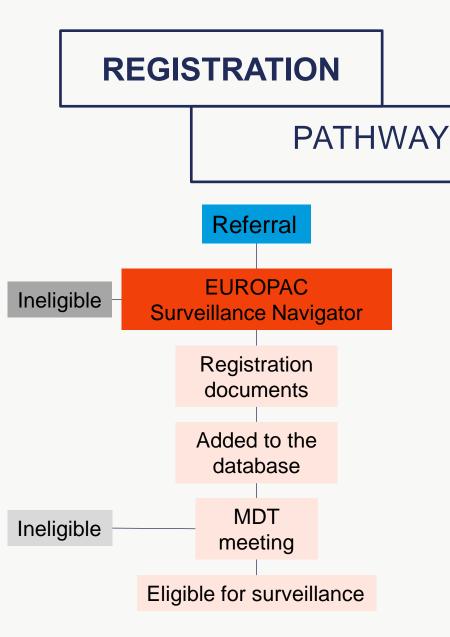
BACKGROUND

- EUROPAC was set up in 1996 in response to the perception that pancreatic cancer was more common in some families than in the general population.
- We identified that some families had what is described as an "autosomal dominant predisposition".
- EUROPAC set out to develop surveillance methods to identify pre-malignant lesions of the pancreas or pancreatic cancer at an early stage (T1/T2). We aim for early detection as opposed to early diagnosis so we can act on pre-malignant lesions rather than cancers. Upon detection of such a lesion prophylactic surgery is offered.
- We receive new referrals from all over the UK and now provide surveillance to over
 700 participants a year who all have an increased lifetime risk of developing pancreatic cancer.

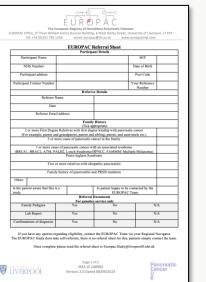




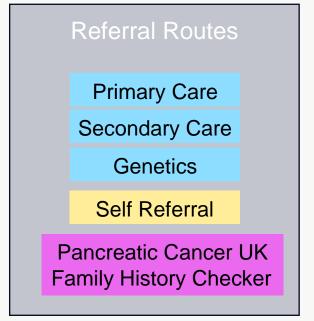
EUROPACS AIM IS TO PROVIDE TARGETED AND TAILORED PANCREATIC CANCER SURVEILLANCE

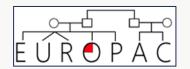






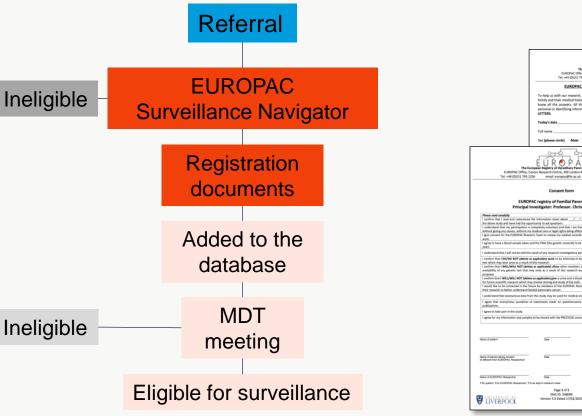
- We accept all kinds of referrals.
- The main referral route is the pancreatic cancer UK family history checker.
- The EUROPAC team triage all referrals and feed back to the referrer of ineligible referrals

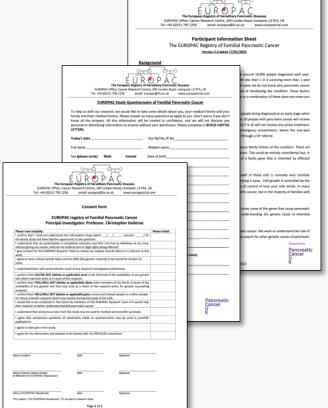




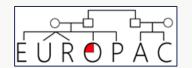
REGISTRATION

PATHWAY



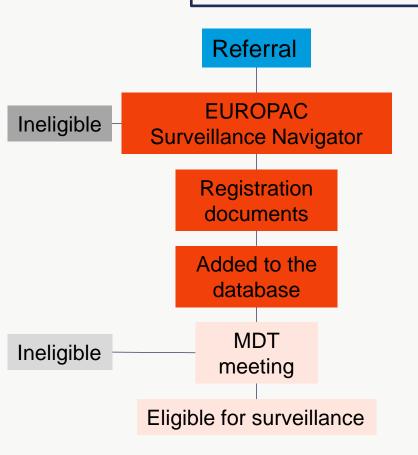


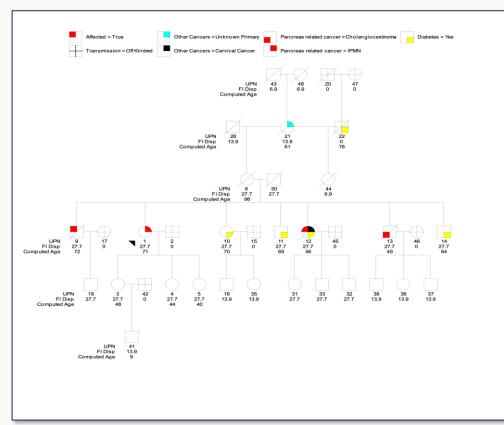
- All eligible referrals are sent a registration pack including a consent form to take part.
- We take a detailed family history as well as a previous medical history of the individual.
- We also take samples for research purposes.
- Individuals do not have to return their registration pack, participation is voluntary.



REGISTRATION

PATHWAY





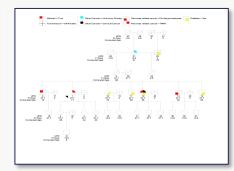
- Returned registration packs allow the navigator to build a family pedigree on our database (family tree).
- This allows us to determine a family's risk.
- The EUROPAC Team also confirm all cases of pancreatic cancer at this stage.

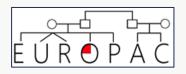


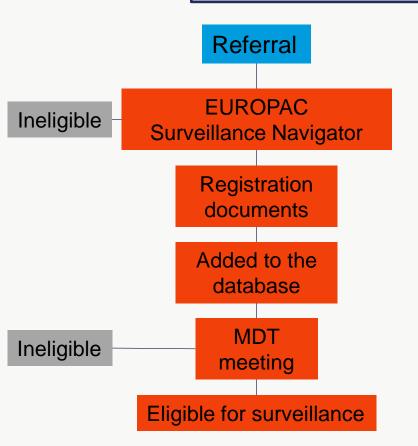












- All the above information is then collated by the team and brought to the EUROPAC MDT.
- This meeting involves both the clinical study lead and the scientific study lead. Relevant principal investigators also join from across the country.
- The whole family is discussed as well as each individual risk.
- A surveillance outcome is decided, and the team will feed this information back to the individual.

SURVEILLANCE

PATHWAY

- Surveillance is started from the age of 40 unless the family member affected by pancreatic cancer is younger than 50.
- E U R O P A C

- Peutz-Jeghers Surveillance is started at the age of 20.
- All surveillance investigations are optional, and participants can take part in as many or as little as they wish.

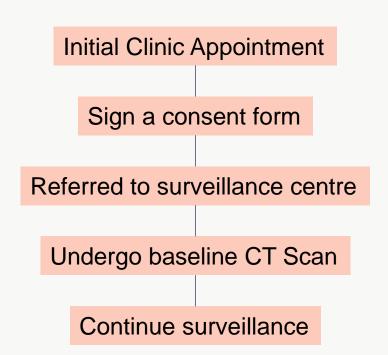
Surveillance for Familial Pancreatic Cancer Individuals

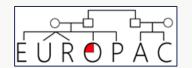
Surveillance		EUS	MRI Frequency
Intensity		Frequency	
STANDARD	Germline mutation or risk score >30	Every 1 Year	Every 3 Years
ENHANCED	Germline mutation and/or risk score>60	eMRI and EUS every year	

Surveillance for Hereditary Pancreatitis Individuals

Surveillance Intensity		CT Frequency	MRI Frequency	
STANDARD	No Diabetes No Smoking No ethanol	Every 2 years	-	
ENHANCED	Diabetes <u>or</u> Smoking <u>or</u> Ethanol	Alte	Alternate 2 years	

A baseline CT scan is performed in the first year; to check the individual does not already have cancer and to be used to refer to over the time the individual is under surveillance.



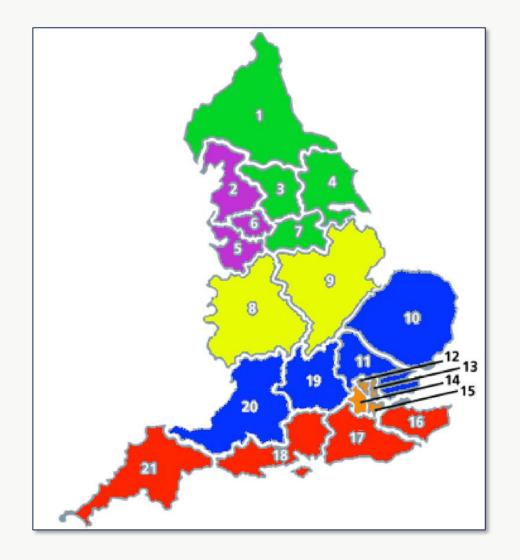


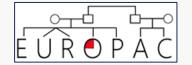
NAVIGATOR

THE ROLE

The EUROPAC Surveillance Navigators work closely with their nominated cancer alliances to increase awareness of EUROPAC and subsequently referrals into the program.

They are responsible for the management of individuals from the EUROPAC registration process through to the point of Surveillance, using specialist access to both the EUROPAC database and NHS systems to navigate and streamline the surveillance experience.





EUROPAC

NAVIGATORS

Liam Royle

Northern Cancer Alliance
West Yorkshire and Harrogate
Cancer Alliance
Humber, Coast and Vale Cancer
Alliance
South Yorkshire and Bassetlaw
Cancer Alliance

Eleri Hughes
East of England Cancer Alliance
Thames Valley Cancer Alliance
Somerset, Wiltshire, Avon and
Gloucestershire Cancer Alliance

Kayleigh Jevons

Lancashire and South Cumbria Cancer Alliance Cheshire and Merseyside Cancer Alliance Greater Manchester Cancer Alliance

Beata Gubacsi

Kent and Medway Cancer Alliance Surrey and Sussex Cancer Alliance Wessex Cancer Alliance Peninsula Cancer Alliance

Isobel Quinn

West Midlands Cancer Alliance East Midlands Cancer Alliance

Emma Crowe

North Central London Cancer Alliance North East London Cancer Alliance RM Partners South East London Cancer Alliance



THANK YOU

We are the projects that make headlines And people that make history

We are the original redbrick