

# Supporting People with Different Spiritual Needs

Andrew Bradley

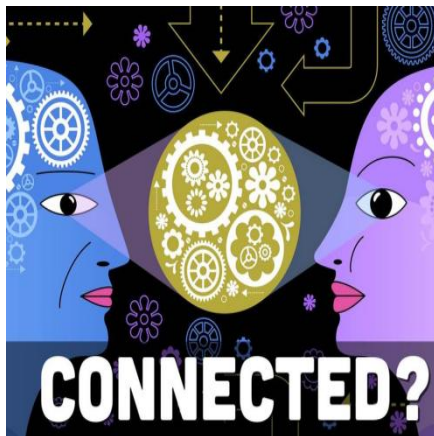
Chaplaincy and Spiritual Care  
Coordinator

Christie NHS Foundation Trust





# What are Spiritual Needs?



# Spiritual and Religious Care- Three Perspectives

- [Living My Culture](#)
- [A Good Death - YouTube](#)
- [Spiritual support for the sick and dying | support of the Church | The Art of Dying Well](#)



## *Somali Voices: A Good Death*



# Spiritual Needs

- Being comfortable
- Peace
- Clarity of mind
- Pain Control
- PPC/D
- Loved ones present
- Someone to talk to (pref. in own language)
- Attending to 'deeper pain'
- Special places
- Reconciliation



# Religious Needs

- Issues around diagnosis of dying
- Variety of views around prolonging life
- Modesty
- Diet
- Advocacy
- Spiritual Leader
- Verses from Scripture
- Ritual
- Prayer
- Confession/Life Review
- Staying with the deceased
- Need for a speedy burial.



# How to offer spiritual and religious support?

- ‘Do you want to see a chaplain?’
- ‘Do you have any spiritual or religious needs we can help with?’
- ‘Do you have beliefs that are important to you?’



# And finally....

“Faith is the bird that sings when the dawn is still dark.”  
*Rabindranath Tagore*

“Hope is the ability to hear the music of the future.  
Faith is the courage to dance to it today.” *Peter Kuzmic*

“In the depths of winter, I finally learned that within  
me there lay an invincible summer.” *Albert Camus*

