

# Key takeaway messages

- **Check that any patient with pancreatic cancer is being prescribed PERT.** Don't be afraid to trial higher doses if needed. If your patients need further support with taking PERT, the Pancreatic Cancer UK Support Line is available.
- **Prioritise proactive care and communication,** early interventions and support, rather than waiting for problems to arise.
- **Good care is built upon professionals working across different domains and in a multi-disciplinary manner,** i.e. considering treatment decisions in terms of what the person values.
- **Be aware of patients' additional challenges,** respond to these and consider how we can support patients to be involved in their own care.
- **Find out what services are available** in your area that can offer help and support for your patients and families. **There are often council and charity led resources** that we can tap into in addition to our NHS resources.
- **Don't hesitate to discuss physical activity.** You don't need to be an expert in it - encouraging movement is generally safe and offers significant health benefits. Even small increases in activity can make a meaningful difference